# Rauch comparison theorem 

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Notation: We will use the notation of the reference M. P. do Carmo, Riemannian Geometry. In particular the curvature tensor has opposite sign and the covariant derivative of a vector field $V$ defined along a curve $c$ will simply be denoted $V^{\prime}$ instead of $\frac{\nabla}{d t} V$. So, for instance, with our notation the Jacobi equation is written as

$$
J^{\prime \prime}+R\left(\gamma^{\prime}, J\right) \gamma^{\prime}=0
$$

## Motivation behind the theorem

Throughout we use $M$ to denote a $n$-dimensional Riemannian manifold. Recall the following result:

Proposition. If $\gamma:[0, l] \rightarrow M$ is a normalized geodesic, i.e., parametrized by arc-length, $J$ is a Jacobi field along $\gamma$ with $J(0)=0$ and $\left\langle\gamma^{\prime}(0), J^{\prime}(0)\right\rangle=0$, then as $t \rightarrow 0$

$$
|J(t)|=\left|J^{\prime}(0)\right|\left(t-\frac{1}{6} K t^{3}+o\left(t^{3}\right)\right)
$$

where $K$ is the sectional curvature of the plane generated by $\gamma^{\prime}(0)$ and $J^{\prime}(0)$.
Hence, for small times, the smaller $K$, the large $|J(t)|$ will be. Consider now another triple $\tilde{M}, \tilde{\gamma}, \tilde{J}$ with the same conditions as above. Then,

$$
\tilde{K} \geq K \text { implies }|\tilde{J}(t)| \leq|J(t)|, \text { for small } t
$$

The Rauch theorem provides the conditions when this inequality holds for all times. It allows to compare the Jacobi fields on different manifolds if one sectional curvature dominates the other.

Proof of Proposition. Expand $|J(t)|^{2}$ into Taylor series around the origin.

$$
\langle J(t), J(t)\rangle=\sum_{n=0}^{4}\langle J, J\rangle^{(n)}(0) \frac{t^{n}}{n!}+o\left(t^{4}\right)
$$

Computing the derivatives we take into account the initial condition $J(0)=0$ and the Jacobi equation $J^{\prime \prime}(t)+R\left(\gamma^{\prime}(t), J(t)\right) \gamma^{\prime}(t)=0$ which implies $J^{\prime \prime}(0)=0$.

$$
\begin{aligned}
& \langle J, J\rangle^{(1)}(0)=\left.2\left\langle J, J^{\prime}\right\rangle\right|_{t=0}=0 \\
& \langle J, J\rangle^{(2)}(0)=\left.2\left(\left\langle J, J^{\prime \prime}\right\rangle+\left\langle J^{\prime}, J^{\prime}\right\rangle\right)\right|_{t=0}=2\left|J^{\prime}(0)\right|^{2} \\
& \langle J, J\rangle^{(3)}(0)=\left.2\left(\left\langle J, J^{\prime \prime \prime}\right\rangle+3\left\langle J^{\prime}, J^{\prime \prime}\right\rangle\right)\right|_{t=0}=0 \\
& \langle J, J\rangle^{(4)}(0)=\left.2\left(\left\langle J, J^{(4)}\right\rangle+4\left\langle J^{\prime}, J^{\prime \prime \prime}\right\rangle+3\left|J^{\prime \prime}\right|^{2} \mid\right)\right|_{t=0}=8\left\langle J^{\prime}, J^{\prime \prime \prime}\right\rangle(0)
\end{aligned}
$$

Now it is left to compute $J^{\prime \prime \prime}$. For any field $W$ we have

$$
\begin{aligned}
\frac{d}{d t}\left\langle R\left(\gamma^{\prime}, W\right) \gamma^{\prime}, J\right\rangle & =\left\langle\left(R\left(\gamma^{\prime}, W\right) \gamma^{\prime}\right)^{\prime}, J\right\rangle+\left\langle R\left(\gamma^{\prime}, W\right) \gamma^{\prime}, J^{\prime}\right\rangle \\
\frac{d}{d t}\left\langle R\left(\gamma^{\prime}, J\right) \gamma^{\prime}, W\right\rangle & =\underbrace{\left\langle\left(R\left(\gamma^{\prime}, J\right) \gamma^{\prime}\right)^{\prime}\right.}_{J^{\prime \prime \prime}}, W\rangle+\left\langle R\left(\gamma^{\prime}, J\right) \gamma^{\prime}, W^{\prime}\right\rangle
\end{aligned}
$$

Subtracting one from the other and evaluating at $t=0$ we obtain

$$
\left\langle J^{\prime \prime \prime}, W\right\rangle(0)=-\left\langle R\left(\gamma^{\prime}, W\right) \gamma^{\prime}, J^{\prime}\right\rangle(0)=-\left\langle R\left(\gamma^{\prime}, J^{\prime}\right) \gamma^{\prime}, W\right\rangle(0)
$$

so that

$$
J^{\prime \prime \prime}(0)=\left.R\left(\gamma^{\prime}, J^{\prime}\right) \gamma^{\prime}\right|_{t=0}
$$

The $4^{\text {th }}$ derivative becomes

$$
\langle J, J\rangle^{(4)}(0)=-8\left\langle J^{\prime}, R\left(\gamma^{\prime}, J^{\prime}\right) \gamma^{\prime}\right\rangle(0)=-8 K\left|J^{\prime}(0)\right|^{2},
$$

where $K$ is the sectional curvature build on vectors $\gamma^{\prime}(0)$ and $J^{\prime}(0)$. Therefore,

$$
|J(t)|^{2}=\left|J^{\prime}(0)\right|^{2}\left(t^{2}-\frac{K}{3} t^{4}\right)+o\left(t^{4}\right)
$$

or

$$
|J(t)|=t-\frac{K}{6} t^{3}+o\left(t^{3}\right)
$$

## The index lemma

Let $V$ be a piecewise differentiable vector field along a geodesic $\gamma:[0, a] \rightarrow M$. For all $t_{0} \in[0, a]$, define

$$
I_{t_{0}}(V, V)=\int_{0}^{t_{0}}\left(\left\langle V^{\prime}, V^{\prime}\right\rangle-\left\langle R\left(\gamma^{\prime}, V\right) \gamma^{\prime}, V\right\rangle\right) d t
$$

Let $V_{0} \in T_{\gamma_{t_{0}}} M$ and consider all piecewise differentiable fields $V$ along $\gamma$ with prescribed values $V(0)=0$ and $V\left(t_{0}\right)=V_{0}$. Provided that $\gamma\left(t_{0}\right)$ is not conjugate
to $\gamma(0)$, there exists a unique Jacobi field $J$ along $\gamma$ with the same prescribed values $J(0)=0$ and $J\left(t_{0}\right)=V_{t_{0}}$. With additional assumption that there are no conjugate points in the whole interval $\left(0, t_{0}\right)$, the index lemma asserts that this Jacobi field $J$ minimises the expression above.

Lemma. Let

- $\gamma:[0, a] \rightarrow M$ be a geodesic without conjugate points to $\gamma(0)$ on ( $0, a]$;
- $J$ be a Jacobi field along $\gamma$, with $\left\langle J, \gamma^{\prime}\right\rangle=0$;
- $V$ be a piecewise differentiable vector field along $\gamma$, with $\left\langle V, \gamma^{\prime}\right\rangle=0$;
- $J(0)=V(0)=0$ and $J\left(t_{0}\right)=V\left(t_{0}\right)$ for some $t_{0} \in(0, a]$.

Then

$$
I_{t_{0}}(J, J) \leq I_{t_{0}}(V, V)
$$

and equality occurs if and only if $V=J$ on $\left[0, t_{0}\right]$.
Proof. The vector space of all Jacobi fields $J$ along $\gamma$ with $J(0)=0$ and $\left\langle J, \gamma^{\prime}\right\rangle=$ 0 has dimension $n-1$, where $n=\operatorname{dim} M$. Let $\left\{J_{1}, \ldots, J_{n-1}\right\}$ be any collection of Jacobi fields that form a basis for that space, so that

$$
J=\sum_{i=1}^{n-1} \alpha_{i} J_{i}
$$

where $\left\{\alpha_{i}\right\}_{i=1}^{n-1}$ are constants.
Since there are no conjugate points on $(0, a]$, the collection $\left\{J_{1}(t), \ldots, J_{n-1}(t)\right\}$ forms a basis in $\gamma^{\prime}(t)^{\perp} \subset T_{\gamma(t)} M$, i.e., the subspace orthogonal to $\gamma^{\prime}(t)$. Therefore, for $t \neq 0$, we can decompose our vector field $V$ as

$$
V(t)=\sum_{i=1}^{n-1} f_{i}(t) J_{i}(t)
$$

where $f_{i}$ are piecewise differentiable functions on $(0, a]$.
Now we are going to rewrite the expression for the integrand in the definition of $I_{t_{0}}$ via $\left\{f_{i}\right\}$. Working on the interior of each subinterval where $V$ is differentiable we will obtain the following identity:

$$
\begin{equation*}
\left\langle V^{\prime}, V^{\prime}\right\rangle-\left\langle R\left(\gamma^{\prime}, V\right) \gamma^{\prime}, V\right\rangle=\left|\sum_{i} f_{i}^{\prime} J_{i}\right|^{2}+\frac{d}{d t}\left\langle\sum_{i} f_{i} J_{i}, \sum_{j} f_{j} J_{j}^{\prime}\right\rangle \tag{1}
\end{equation*}
$$

The first term on the left-hand side of (1) becomes

$$
\begin{aligned}
\left\langle V^{\prime}, V^{\prime}\right\rangle & =\left\langle\sum_{i} f_{i}^{\prime} J_{i}, \sum_{j} f_{j}^{\prime} J_{j}\right\rangle+\left\langle\sum_{i} f_{i}^{\prime} J_{i}, \sum_{j} f_{j} J_{j}^{\prime}\right\rangle \\
& +\left\langle\sum_{i} f_{i} J_{i}^{\prime}, \sum_{j} f_{j}^{\prime} J_{j}\right\rangle+\left\langle\sum_{i} f_{i} J_{i}^{\prime}, \sum_{j} f_{j} J_{j}^{\prime}\right\rangle
\end{aligned}
$$

For the second term the Jacobi equation yields

$$
R\left(\gamma^{\prime}, V\right) \gamma^{\prime}=R\left(\gamma^{\prime}, \sum_{i} f_{i} J_{i}\right) \gamma^{\prime}=\sum_{i} f_{i} R\left(\gamma^{\prime}, J_{i}\right) \gamma^{\prime}=-\sum_{i} f_{i} J_{i}^{\prime \prime}
$$

so that

$$
\left\langle R\left(\gamma^{\prime}, V\right) \gamma^{\prime}, V\right\rangle=-\left\langle\sum_{i} f_{i} J_{i}^{\prime \prime}, \sum_{j} f_{j} J_{j}\right\rangle
$$

and together the left-hand side reads

$$
\begin{aligned}
\left\langle V^{\prime}, V^{\prime}\right\rangle-\left\langle R\left(\gamma^{\prime}, V\right) \gamma^{\prime}, V\right\rangle=\left|\sum_{i} f_{i}^{\prime} J_{i},\right|^{2} & +\left\langle\sum_{i} f_{i}^{\prime} J_{i}, \sum_{j} f_{j} J_{j}^{\prime}\right\rangle+\left\langle\sum_{i} f_{i} J_{i}^{\prime}, \sum_{j} f_{j}^{\prime} J_{j}\right\rangle \\
& +\left\langle\sum_{i} f_{i} J_{i}^{\prime}, \sum_{j} f_{j} J_{j}^{\prime}\right\rangle+\left\langle\sum_{i} f_{i} J_{i}^{\prime \prime}, \sum_{j} f_{j} J_{j}\right\rangle
\end{aligned}
$$

The derivative of the right-hand side of (1) is

$$
\begin{aligned}
\frac{d}{d t}\left\langle\sum_{i} f_{i} J_{i}, \sum_{j} f_{j} J_{j}^{\prime}\right\rangle & =\left\langle\sum_{i} f_{i}^{\prime} J_{i}, \sum_{j} f_{j} J_{j}^{\prime}\right\rangle+\left\langle\sum_{i} f_{i} J_{i}, \sum_{j} f_{j}^{\prime} J_{j}^{\prime}\right\rangle \\
& +\left\langle\sum_{i} f_{i} J_{i}^{\prime}, \sum_{j} f_{j} J_{j}^{\prime}\right\rangle+\left\langle\sum_{i} f_{i} J_{i}, \sum_{j} f_{j} J_{j}^{\prime \prime}\right\rangle
\end{aligned}
$$

It is left to show that the blue terms are the same. Define

$$
h(t)=\left\langle J_{i}^{\prime}, J_{j}\right\rangle-\left\langle J_{i}, J_{j}^{\prime}\right\rangle
$$

Note that $h(0)=0$ and, using Jacobi equation,

$$
\begin{aligned}
h^{\prime}(t) & =\left\langle J_{i}^{\prime \prime}, J_{j}\right\rangle+\left\langle J_{i}^{\prime}, J_{j}^{\prime}\right\rangle-\left\langle J_{i}^{\prime}, J_{j}^{\prime}\right\rangle-\left\langle J_{i}, J_{j}^{\prime \prime}\right\rangle \\
& =-\left\langle R\left(\gamma^{\prime}, J_{i}\right) \gamma^{\prime}, J_{j}\right\rangle+\left\langle J_{i}, R\left(\gamma^{\prime}, J_{j}\right) \gamma^{\prime}\right\rangle .
\end{aligned}
$$

It follows that $h^{\prime}(t)=0$ from the permutation-of-arguments property of the curvature. Hence, $h(t) \equiv 0$ and the claim follows by the distributivity of the curvature, which concludes the proof of (1).

Therefore, integrating over $t$ we obtain

$$
I_{t_{0}}(V, V)=\left\langle\sum_{i} f_{i} J_{i}, \sum_{j} f_{j} J_{j}^{\prime}\right\rangle\left(t_{0}\right)+\int_{0}^{t_{0}}\left|\sum_{i} f_{i}^{\prime} J_{i}\right|^{2} d t
$$

and for the Jacobi field

$$
I_{t_{0}}(J, J)=\left\langle\sum_{i} \alpha_{i} J_{i}, \sum_{j} \alpha_{j} J_{j}^{\prime}\right\rangle\left(t_{0}\right)
$$

The condition $J\left(t_{0}\right)=V\left(t_{0}\right)$ forces $\alpha_{i}=f_{i}\left(t_{0}\right)$ which yields

$$
I_{t_{0}}(V, V)-I_{t_{0}}(J, J)=\int_{0}^{t_{0}}\left|\sum_{i} f_{i}^{\prime} J_{i}\right|^{2} d t \geq 0
$$

This proves the first part of the lemma.
If $I_{t_{0}}(V, V)=I_{t_{0}}(J, J)$, then $\sum_{i} f_{i}^{\prime} J_{i}=0$, which implies $f_{i}^{\prime}=0$, for all $t \in\left(0, t_{0}\right]$, by the linear independence of $\left\{J_{i}\right\}$. Hence, $f_{i}(t)=f_{i}\left(t_{0}\right)=\alpha_{i}$, i.e., $V=J$.

## Rauch comparison theorem

Theorem. (Rauch) Let $(M, g)$ and $(\tilde{M}, \tilde{g})$ be $n$ - respectively $(n+k)$-dimensional Riemannian manifolds $(k \geq 0)$. Let $\gamma:[0, a] \rightarrow M \underset{\sim}{J}$ and $\tilde{\gamma}:[0, a] \rightarrow \tilde{M}, k \geq 0$, be geodesics such that $\left|\gamma^{\prime}(t)\right|=\left|\tilde{\gamma}^{\prime}(t)\right|$. Let $J$ and $\tilde{J}$ be Jacobi fields along $\gamma$ and $\tilde{\gamma}$, respectively, such that

$$
\begin{gathered}
J(0)=0, \quad \tilde{J}(0)=0 \\
\left\langle J^{\prime}(0), \gamma^{\prime}(0)\right\rangle=\left\langle\tilde{J}^{\prime}(0), \tilde{\gamma}^{\prime}(0)\right\rangle \\
\left|J^{\prime}(0)\right|=\left|\tilde{J}^{\prime}(0)\right|
\end{gathered}
$$

Assume that $\tilde{\gamma}$ does not have conjugate points on $(0, a]$ and that for all $t \in[0, a]$, $x \in T_{\gamma(t)} M$, and $\tilde{x} \in T_{\tilde{\gamma}(t)} \tilde{M}$ (not parallel to $\gamma^{\prime}$ resp. $\tilde{\gamma}^{\prime}$ ), we have

$$
K\left(\gamma^{\prime}(t), x\right) \leq \tilde{K}\left(\tilde{\gamma}^{\prime}(t), \tilde{x}\right)
$$

Then,

$$
|\tilde{J}(t)| \leq|J(t)| \text { for all } t \in[0, a]
$$

Moreover, if for some $t_{0} \in(0, a],\left|\tilde{J}\left(t_{0}\right)\right|=\left|J\left(t_{0}\right)\right|$, then $K\left(\gamma^{\prime}(t), J(t)\right)=$ $\tilde{K}\left(\tilde{\gamma}^{\prime}(t), \tilde{J}(t)\right)$ for all $t \in\left(0, t_{0}\right]$.

Proof. From Lemma 1.4.7 we have that

$$
\begin{aligned}
& J^{\|}(t)=\frac{t}{\left|\gamma^{\prime}\right|^{2}}\left\langle J^{\prime}(0), \gamma^{\prime}(0)\right\rangle \gamma^{\prime}(t)+\frac{1}{\left|\gamma^{\prime}\right|^{2}}\left\langle J(0), \gamma^{\prime}(0)\right\rangle \gamma^{\prime}(t) \\
& \tilde{J}^{\|}(t)=\frac{t}{\left|\tilde{\gamma}^{\prime}\right|^{2}}\left\langle\tilde{J}^{\prime}(0), \tilde{\gamma}^{\prime}(0)\right\rangle \tilde{\gamma}^{\prime}(t)+\frac{1}{\left|\tilde{\gamma}^{\prime}\right|^{2}}\left\langle\tilde{J}(0), \tilde{\gamma}^{\prime}(0)\right\rangle \tilde{\gamma}^{\prime}(t)
\end{aligned}
$$

Therefore, $\left|J^{\|}(t)\right|^{2}=\left|\tilde{J}^{\|}(t)\right|^{2}$, so we may assume that $\left\langle J(t), \gamma^{\prime}(t)\right\rangle=\left\langle\tilde{J}(t), \tilde{\gamma}^{\prime}(t)\right\rangle=$ 0 . We may also assume that $\left|J^{\prime}(0)\right|=\left|\tilde{J}^{\prime}(0)\right| \neq 0$, for otherwise $J \equiv 0 \equiv \tilde{J}$.

Define $v(t):=|J(t)|^{2}$, and $\tilde{v}(t):=|\tilde{J}(t)|^{2}$. Since $\tilde{\gamma}$ has no conjugate point on $(0, a]$ and $\tilde{J} \not \equiv 0$, we have $\tilde{v}(t) \neq 0$ on $(0, a]$. Thus, $\frac{v(t)}{\tilde{v}(t)}$ is well-defined for all $t \in(0, a]$ and using L'Hospital's rule we see that

$$
\begin{aligned}
\lim _{t \rightarrow 0+} \frac{v(t)}{\tilde{v}(t)} & =\lim _{t \rightarrow 0+} \frac{\langle J(t), J(t)\rangle}{\langle\tilde{J}(t), \tilde{J}(t)\rangle}=\lim _{t \rightarrow 0+} \frac{\langle J(t), J(t)\rangle^{\prime}}{\langle\tilde{J}(t), \tilde{J}(t)\rangle^{\prime}}=\lim _{t \rightarrow 0+} \frac{2\left\langle J^{\prime}(t), J(t)\right\rangle}{2\left\langle\tilde{J}^{\prime}(t), \tilde{J}(t)\right\rangle} \\
& =\lim _{t \rightarrow 0+} \frac{\left\langle J^{\prime \prime}(t), J(t)\right\rangle+\left\langle\tilde{J}^{\prime}(t), J^{\prime}(t)\right\rangle}{\left\langle\tilde{J}^{\prime \prime}(t), \tilde{J}(t)\right\rangle+\left\langle\tilde{J}^{\prime}(t), \tilde{J}^{\prime}(t)\right\rangle}=\frac{\left|J^{\prime}(0)\right|^{2}}{\left|\tilde{J}^{\prime}(0)\right|^{2}}=1
\end{aligned}
$$

So, if we show that $\frac{d}{d t}\left(\frac{v(t)}{\tilde{v}(t)}\right) \geq 0$ for all $t \in(0, a]$, or equivalently

$$
\begin{equation*}
v^{\prime}(t) \tilde{v}(t) \geq v(t) \tilde{v}^{\prime}(t) \tag{2}
\end{equation*}
$$

for all $t \in(0, a]$, it will follow that $|\tilde{J}(t)| \leq|J(t)|$ for all $t \in[0, a]$.
Fix $t_{0} \in(0, a]$. If $v\left(t_{0}\right)=0$ then $v^{\prime}\left(t_{0}\right)=2\left\langle J^{\prime}\left(t_{0}\right), J\left(t_{0}\right)\right\rangle=0$ so (2) is satisfied. If not, then define

$$
U(t):=\frac{1}{\sqrt{v\left(t_{0}\right)}} J(t), \quad \tilde{U}(t):=\frac{1}{\sqrt{\tilde{v}\left(t_{0}\right)}} \tilde{J}(t)
$$

Then,

$$
\begin{aligned}
\frac{v^{\prime}\left(t_{0}\right)}{v\left(t_{0}\right)} & =\frac{2\left\langle J^{\prime}\left(t_{0}\right), J\left(t_{0}\right)\right\rangle}{\left\langle J\left(t_{0}\right), J\left(t_{0}\right)\right\rangle}=2\left\langle U^{\prime}\left(t_{0}\right), U\left(t_{0}\right)\right\rangle=2 \int_{0}^{t_{0}}\left\langle U^{\prime}, U\right\rangle^{\prime} d t \\
& =2 \int_{0}^{t_{0}}\left(\left\langle U^{\prime}, U^{\prime}\right\rangle+\left\langle U^{\prime \prime}, U\right\rangle\right) d t=2 \int_{0}^{t_{0}}\left(\left\langle U^{\prime}, U^{\prime}\right\rangle-\left\langle R\left(\gamma^{\prime}, U\right) \gamma^{\prime}, U\right\rangle\right) d t \\
& =2 I_{t_{0}}(U, U)
\end{aligned}
$$

Similarly, $\frac{\tilde{v}^{\prime}\left(t_{0}\right)}{\tilde{v}\left(t_{0}\right)}=2 I_{t_{0}}(\tilde{U}, \tilde{U})$. Therefore, if we show $I_{t_{0}}(\tilde{U}, \tilde{U}) \leq I_{t_{0}}(U, U),(2)$ follows.

Let $\left\{e_{i}\right\}_{i=1}^{n}$ and $\left\{\tilde{e}_{i}\right\}_{i=1}^{n+k}$ be parallel orthonormal bases along $\gamma$ and $\tilde{\gamma}$, respectively, such that

$$
\begin{aligned}
& e_{1}(t)=\gamma^{\prime}(t) /\left|\gamma^{\prime}(t)\right|, \quad e_{2}\left(t_{0}\right)=U\left(t_{0}\right) \\
& \tilde{e}_{1}(t)=\tilde{\gamma}^{\prime}(t) /\left|\tilde{\gamma}^{\prime}(t)\right|, \quad \tilde{e}_{2}\left(t_{0}\right)=\tilde{U}\left(t_{0}\right)
\end{aligned}
$$

For each vector field $V(t)=\sum_{i=1}^{n} g_{i}(t) e_{i}(t)$ along $\gamma$ we define a vector field $\phi V$ along $\tilde{\gamma}$ by $(\phi V)(t)=\sum_{i=1}^{n} g_{i}(t) \tilde{e}_{i}(t)$. For any $V_{1}, V_{2}$ we have

$$
\left\langle\phi V_{1}, \phi V_{2}\right\rangle(t)=\sum_{i=1}^{n} g_{1, i}(t) g_{2, i}(t)(t)=\left\langle V_{1}, V_{2}\right\rangle
$$

since the bases are orthonormal. Moreover, since the bases are parallel

$$
(\phi V)^{\prime}=\sum_{i=1}^{n} g_{i}^{\prime}(t) \tilde{e}_{i}(t)=\phi\left(V^{\prime}\right)
$$

By the assumption on the sectional curvature we therefore have
$\left\langle U, R\left(\gamma^{\prime}, U\right) \gamma^{\prime}\right\rangle=\frac{1}{\left|\gamma^{\prime}\right|^{2}|U|^{2}} K\left(U, \gamma^{\prime}\right) \leq \frac{1}{\left|\tilde{\gamma}^{\prime}\right|^{2}|\phi U|^{2}} \tilde{K}\left(\phi U, \tilde{\gamma}^{\prime}\right)=\left\langle\phi U, \tilde{R}\left(\tilde{\gamma}^{\prime}, \phi U\right) \tilde{\gamma}^{\prime}\right\rangle$.
As a consequence,

$$
\begin{aligned}
& I_{t_{0}}(\phi U, \phi U)=\int_{0}^{t_{0}}\left(\left\langle(\phi U)^{\prime},(\phi U)^{\prime}\right\rangle-\left\langle\phi U, \tilde{R}\left(\tilde{\gamma}^{\prime}, \phi U\right) \tilde{\gamma}^{\prime}\right\rangle\right) d t \\
\leq & \int_{0}^{t_{0}}\left(\left\langle U^{\prime}, U^{\prime}\right\rangle-\left\langle U, R\left(\gamma^{\prime}, U\right) \gamma^{\prime}\right\rangle\right) d t=I_{t_{0}}(U, U)
\end{aligned}
$$

Furthermore, $\tilde{U}$ and $\phi U$ are both vector fields along $\tilde{\gamma}$ (which by assumption does not have conjugate points on $(0, a])$, and $\tilde{U}$ is a Jacobi field and $\phi U$ is differentiable, both are orthogonal to $\gamma^{\prime}$ and satisfy $\tilde{U}(0)=\phi U(0)=0, \tilde{U}\left(t_{0}\right)=$ $\phi U\left(t_{0}\right)=\tilde{e}_{2}\left(t_{0}\right)$. Therefore, by the index lemma,

$$
I_{t_{0}}(\tilde{U}, \tilde{U}) \leq I_{t_{0}}(\phi U, \phi U)
$$

Since, $t_{0} \in(0, a]$ was arbitrary this shows that (2) holds for all $t \in(0, a]$, as desired.

It only remains to show the last part of the theorem. Suppose $t_{0} \in(0, a]$ is such that $\left|\tilde{J}\left(t_{0}\right)\right|=\left|J\left(t_{0}\right)\right|$. Then, based on what we have already shown, $\frac{d}{d t}\left(\frac{v(t)}{\tilde{v}(t)}\right)=0$ for all $t \in\left(0, t_{0}\right]$, or equivalently $v^{\prime}(t) \tilde{v}(t)=v(t) \tilde{v}^{\prime}(t)$ for all $t \in\left(0, t_{0}\right]$. But this shows that

$$
I_{t}(\tilde{U}, \tilde{U})=I_{t}(\phi U, \phi U)=I_{t}(U, U)
$$

for all $t \in\left(0, t_{0}\right]$. From the first equality it follows that $\tilde{U}=\phi U$ for all $t \in\left[0, t_{0}\right]$ (using the index lemma). And from the second it follows that

$$
\left\langle U, R\left(U, \gamma^{\prime}\right) \gamma^{\prime}\right\rangle(t)=\left\langle\phi U, \tilde{R}\left(\phi U, \tilde{\gamma}^{\prime}\right) \tilde{\gamma}^{\prime}\right\rangle(t)
$$

for all $t \in\left(0, t_{0}\right]$. But then

$$
K\left(J(t), \gamma^{\prime}(t)\right)=K\left(U(t), \gamma^{\prime}(t)\right)=\tilde{K}\left(\tilde{U}(t), \tilde{\gamma}^{\prime}(t)\right)=\tilde{K}\left(\tilde{J}(t), \tilde{\gamma}^{\prime}(t)\right)
$$

for all $t \in\left(0, t_{0}\right]$.

## Corollary

Corollary. Suppose that the sectional curvature $K$ of a manifold $M$ satisfies

$$
L \leq K \leq H
$$

for some positive constants $L, H$. Then the distance $d$ between two consecutive conjugate points along a geodesic on $M$ satisfies

$$
\frac{\pi}{\sqrt{H}} \leq d \leq \frac{\pi}{\sqrt{L}}
$$

Proof. Let $p$ be any point on $M$ and $\gamma$ be a unit-speed geodesic with $\gamma(0)=p$. Let $J$ be a Jacobi field along $\gamma$ with $J(0)=0,\left\langle J, \gamma^{\prime}\right\rangle$ and $\left|J^{\prime}(0)\right|=1$

For the lower bound on $d$ we compare $M$ with the $n$-dimensional sphere of curvature $H, S^{n}(H)$. Note that $S^{n}(H)$ has distance $\pi / \sqrt{H}$ between its conjugate points. Let $\tilde{\gamma}:[0, \infty) \rightarrow S^{n}(H)$ be a unit-speed geodesic on $S^{2}(H)$ and let $\tilde{J}$ be a Jacobi field along $\tilde{\gamma}$ with $\tilde{J}(0)=0,\langle\tilde{J}, \tilde{\gamma}\rangle=0$ and $\left|\tilde{J}^{\prime}(0)\right|=1$. Then the Rauch comparison theorem applies on the interval $t \in[0, \pi / \sqrt{H})$, implying that $0<|\tilde{J}(t)| \leq|J(t)|$ for all $t \in(0, \pi / \sqrt{H})$. Therefore, since $\gamma$ and $J$ were
chosen arbitrarily (up to scale), it follows that the distance between conjugate points $d \geq \pi / \sqrt{H}$.

For the upper bound on $d$ we compare $M$ with the $n$-dimensional sphere of curvature $L, S^{n}(L)$. Let $\tilde{\gamma}$ and $\tilde{J}$ be analogous to $\tilde{\gamma}$ and $\tilde{J}$ above. Suppose that $d>\pi / \sqrt{L}$, so that $\gamma$ has no conjugate points on $[0, \pi / \sqrt{L}]$. Then the Rauch comparison theorem applies (with the roles of $M$ and $\tilde{M}$ swapped). This shows that

$$
0<|J(t)| \leq|\tilde{J}(t)|
$$

for all $t \in[0, \pi / \sqrt{L}]$. But $\tilde{\gamma}$ has a conjugate point of dimension $n-1$ at $t=\pi / \sqrt{L}$, so $\tilde{J}(\pi / \sqrt{L})=0$, a contradiction. We deduce that $d \leq \pi / \sqrt{L}$.

## Exercises

Problem 1. Let $(M, g)$ be a complete Riemannian manifold with non-positive sectional curvature. Use Rauch comparison theorem to show that for any $p \in M$, $X_{p} \in T_{p} M$ and $Y_{p} \in T_{p} M=T_{X_{p}}\left(T_{p} M\right)$ we have

$$
\left|\left(d \exp _{p}\right)_{X_{p}}\left(Y_{p}\right)\right| \geq\left|Y_{p}\right| .
$$

Conclude that for any (differentiable) curve $c:[0, a] \rightarrow T_{p} M$ it follows that

$$
L(c) \leq L\left(\exp _{p} \circ c\right)
$$

Problem 2. Let $(M, g)$ be a complete Riemannian manifold with non-positive sectional curvature and consider a geodesic triangle in $M$ with side lengths $a, b$ and $c$ with opposite angles $A, B$ and $C$ respectively.

1. Show that $a^{2}+b^{2}-2 a b \cos C \leq c^{2}$.
2. Show that $A+B+C \leq \pi$.

Hint: Use Problem 1.
Problem 3. Fix points $p \in M, \tilde{p} \in \tilde{M}$ and isometry $I: T_{p} M \rightarrow T_{\tilde{p}} \tilde{M}$. Consider in $T_{p} M$ a piece-wise smooth path $v[0, a] \rightarrow T_{p} M$ and let $\gamma=\exp _{p}(v), \tilde{\gamma}=$ $\exp _{\tilde{p}}(I \circ v)$. Suppose that for every $s \in[0, a]$ the geodesic $t \rightarrow \exp _{p}(t v(s))$, $0 \leq t \leq 1$, does not have conjugate points with respect to $p$. Then, if for every sectional curvatures we have $K(p, \sigma) \geq K(\tilde{p}, \tilde{\sigma})$, show the following relation between the lengths of curves holds:

$$
L(\gamma) \leq L(\tilde{\gamma})
$$

Remark: For simplicity assume that $v$ is always non-zero. Note also that $M$ here plays the role of $\tilde{M}$ in the formulation of Rauch theorem above.

Hint: Consider the geodesic variation $\sigma(t, s)=\exp _{p}(t v(s))$ and the Jacobi field $t \rightarrow J_{s}(t)=\frac{\partial}{\partial s} \sigma(t, s)$. Apply the Rauch theorem to $J_{s}^{\perp}$ and the corresponding field $\tilde{J}_{s}^{\perp}$ on $\tilde{M}$.

