

“Functional imaging of aortic aneurysms, and how it impacts outcomes (PET/CT)”

Rupture of abdominal aortic aneurysm (AAA) is the 13th leading cause of death in western society. Moreover, AAA is generally asymptomatic, so precise prediction of AAA rupture risk is essential. AAA diameter is the most usual predictor factor for the risk of rupture. Surgery is recommended when the maximum diameter of an AAA is higher than 55 mm. Currently a conservative approach is often considered for patients with small AAA. However, some small aneurysms could rupture and many large aneurysms may remain stable or grow to a considerable size without rupture. So diameter is neither the sole nor the most determinant factor to predict the risk of rupture. The remodeling of the wall leading to the expansion and rupture of AAA is characterized by chronic local inflammation, extracellular matrix degradation and smooth muscle cells apoptosis. The inflammatory infiltrate is compounded by a majority of lymphocytes and macrophages. These immune cells produced and/or activated proteolytic enzymes and different cytokines. These enzymes are matrix metalloproteinases (MMP) causing the degradation of elastin and collagen in the aneurysmal wall leading to the remodeling of the wall and rupture. The evaluation of inflammation could be a predictive tool for rupture of AAA. The positron emission tomography (PET), using ¹⁸F-Fluorodeoxyglucose (FDG), a derivative of glucose, as radiotracer, allows the detection of hypermetabolic activity of cells as seen in inflammatory process. Preliminary data shows focal uptake of FDG within the aneurysmal wall in patients with large, rapidly expanding or symptomatic aneurysms that are prone to rupture. Moreover, the site that had incorporated the FDG corresponded in some cases with the site where AAA rupture occurs. Recent studies performed in Liege confirmed that the metabolically active spots detected by the uptake of ¹⁸F-FDG display striking alterations potentially related to medial degeneration and significant degradation of the fibrillar structures of the adventitia, which may ultimately lead to rupture.



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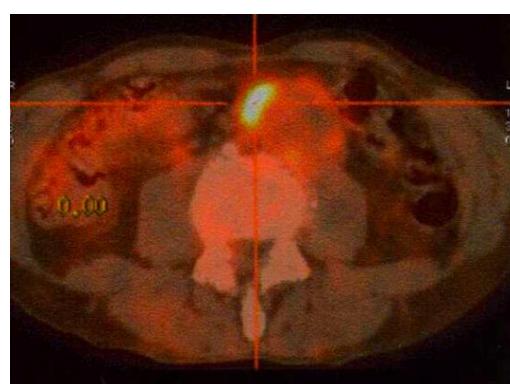


Figure 1: Small unstable abdominal aortic aneurysm (AAA) with ¹⁸F-Fluorodeoxyglucose (FDG) uptake. Left: Computer tomography (CT) scan. Right: positron emission tomography (PET).