

2022-10-05

Application and notification of clinical investigation of medical devices

Elin Karlberg, Head of Regulatory Group

Anna Skott, Regulatory Assessor Medical Devices

**Department of Clinical Trials and Special Permissions,
Swedish Medical Products Agency**



LÄKEMEDELSVERKET
SWEDISH MEDICAL PRODUCTS AGENCY



1

European Medical Device Regulations

Trade legislation which allows free movement of products that fulfil the EU performance and safety requirements

Protects users and patients



LÄKEMEDELSVERKET
SWEDISH MEDICAL PRODUCTS AGENCY



2

2

Why are new regulations needed?

- Technical and scientific development calls for a stronger legislation
- Diverging interpretation and implementation of directives in the EU member states
- Unsatisfying traceability of medical devices
- Increase transparency and access to information

3

Three directives → Two regulations

AIMDD
Directive 90/385/EEG
LVFS 2001:5

MDD
Directive 93/42/EEG
LVFS 2003:11

IVDD
Directive 98/79/EG
LVFS 2001:7

MDR
Regulation 2017/745 on
medical devices

Applied
from
May 26th
2021

IVDR
Regulation 2017/746 on
in vitro diagnostic medical
devices

Applied
from
May 26th
2022

4

Placing on the market and putting into service (MDR Article 5)

- A device may be placed on the market or put into service only if it complies with MDR when duly supplied and properly installed, maintained and used in accordance with its intended purpose
- A device shall meet the general safety and performance requirements set out in MDR Annex I which apply to it, taking into account its intended purpose
- Demonstration of conformity with the general safety and performance requirements shall include a clinical evaluation

MDR Annex I General safety and performance requirements

Chapter I: General requirements

Chapter II: Requirements regarding design and manufacture

Chapter III: Requirements regarding the information supplied with the device

Chapter I: General requirements

Design to prevent use error

Fit for intended purpose

Safe



Effective

Durable

Risk management system

Eliminate risks

Acceptable risks when weighed against benefit

Reduce risks as far as possible

Inform about residual risks

Chapter II: Requirements regarding design and manufacture

10. Chemical, physical and biological properties
11. Infection and microbial contamination
12. Devices incorporating a substance considered to be a medicinal product and devices that are composed of substances or of combinations of substances that are absorbed by or locally dispersed in the human body.
13. Devices incorporating materials of biological origin
14. Construction of devices and interaction with their environment
15. Devices with a diagnostic or measuring function
16. Protection against radiation

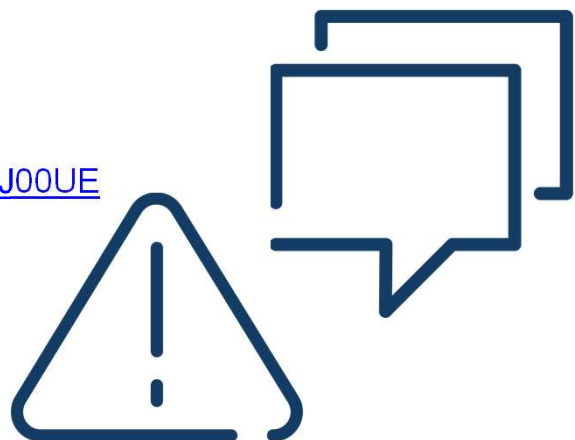
Chapter II: Requirements regarding design and manufacture (cont.)

17. Electronic programmable systems — devices that incorporate electronic programmable systems and software that are devices in themselves
18. Active devices and devices connected to them
19. Particular requirements for active implantable devices
20. Protection against mechanical and thermal risks
21. Protection against the risks posed to the patient or user by devices supplying energy or substances
22. Protection against the risks posed by medical devices intended by the manufacturer for use by lay persons

Chapter III: Requirements regarding the information supplied with the device

Labeling and user instructions

<https://www.youtube.com/watch?v=U2gQE0J00UE>



Traceability: Unique Device Identification

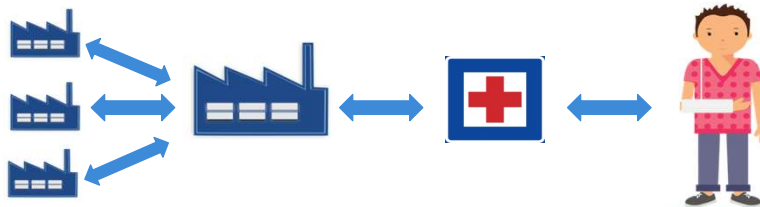
Model (UDI-DI)



Production (UDI-PI): batch,...



- Allows identification and facilitates traceability
- Helps fight falsification of devices
- To be used for incident reporting and field safety corrective actions



11



EUDAMED
European database on medical devices



Access to Information

- Transparency
- Patients and health care professionals can make informed decisions
- Increased coordination and flow of information between actors

12



13



14

Clinical evaluation – in summary

A methodologically sound ongoing procedure to

- collect
 - appraise
 - analyse
- } clinical data pertaining to a medical device

and to evaluate whether there is sufficient clinical evidence to confirm compliance with the relevant general requirements for

- safety and
- performance

when using the device according to the manufacturer's Instructions for Use.

Clinical Investigations and Performance Studies

Clinical investigation

Any systematic investigation involving one or more human subjects, undertaken to assess the safety or performance of a device

(MDR Article 2.45)



Performance Study (IVD)



Performance study

A study undertaken to establish or confirm the analytical or clinical performance of a device

(IVDR Article 2.42)

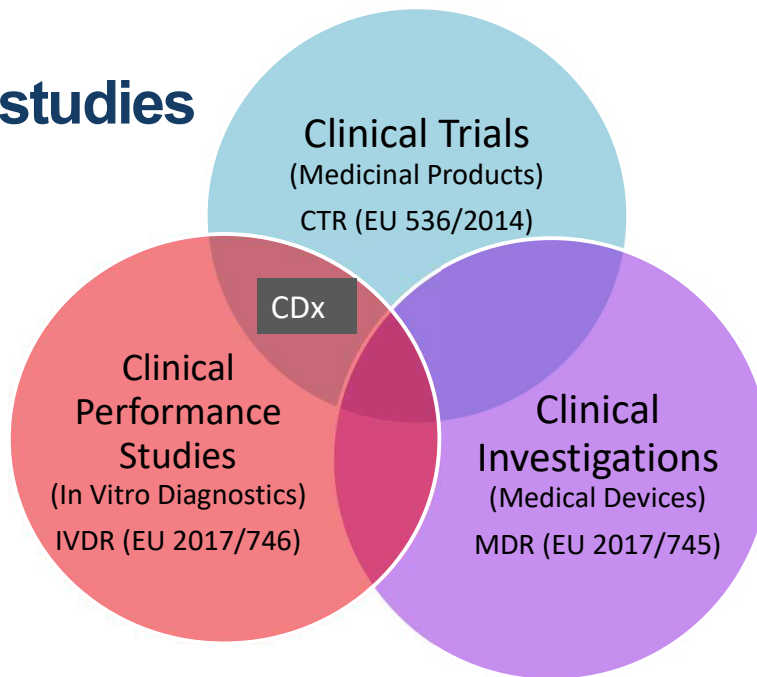


Interventional clinical performance study

A clinical performance study where the test results may influence patient management decisions and/or may be used to guide treatment

(IVDR Article 2.46)

Clinical studies

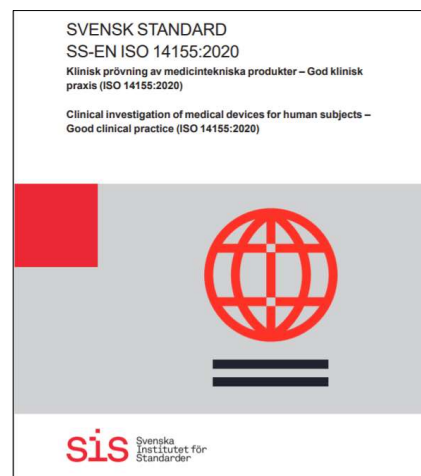


Clinical Investigation of medical devices for human subjects – Good clinical practice

SS-EN ISO 14155:2020

Quality system for the conduct, documentation and reporting etc. of clinical investigations

Similar in spirit and content to the ICH GCP, but with Medical Device particulars to be aware of



Protect the rights, safety and well-being of human subjects

Ensure the scientific conduct of the clinical investigation and the credibility of the clinical investigation results

Good Clinical Practice (GCP)

Define the responsibilities of the sponsor and principal investigator

Assist sponsors, investigators, ethics committees, regulatory authorities and other bodies involved in the conformity assessment of medical devices

LÄKEMEDELSVERKET
SWEDISH MEDICAL PRODUCTS AGENCY
21

21

IVD: Good study practice

INTERNATIONAL STANDARD

ISO 20916

First edition
2019-05

**In vitro diagnostic medical devices —
Clinical performance studies using
specimens from human subjects —
Good study practice**

```

graph TD
    A([Clinical Performance Study]) --> B{Does the study protocol require patient management based on test results?}
    B -- No --> C[Non-interventional study]
    B -- Yes --> D[Interventional Study]
    C --> E{Will patient specimens be collected primarily for the purpose of the study?}
    E -- No --> F[Leftover / Archived Specimens]
    E -- Yes --> G{Do specimen collection procedures pose additional risks to the subjects?}
    F --> H([See Body of Document + Annex G])
    G -- No --> H
    G -- Yes --> I([See Body of Document + Annex A + Annex B + Annex C + Annex D + Annex E + Annex F + Annex G])
    D --> I
    
```

LÄKEMEDELSVERKET
SWEDISH MEDICAL PRODUCTS AGENCY
22

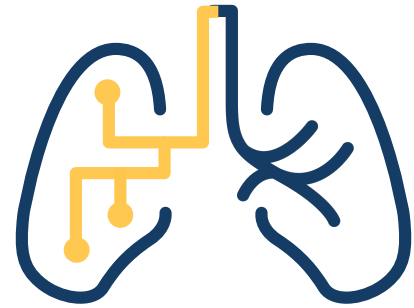
22

Consequences of the MDR, IVDR and adaptation of national legislation

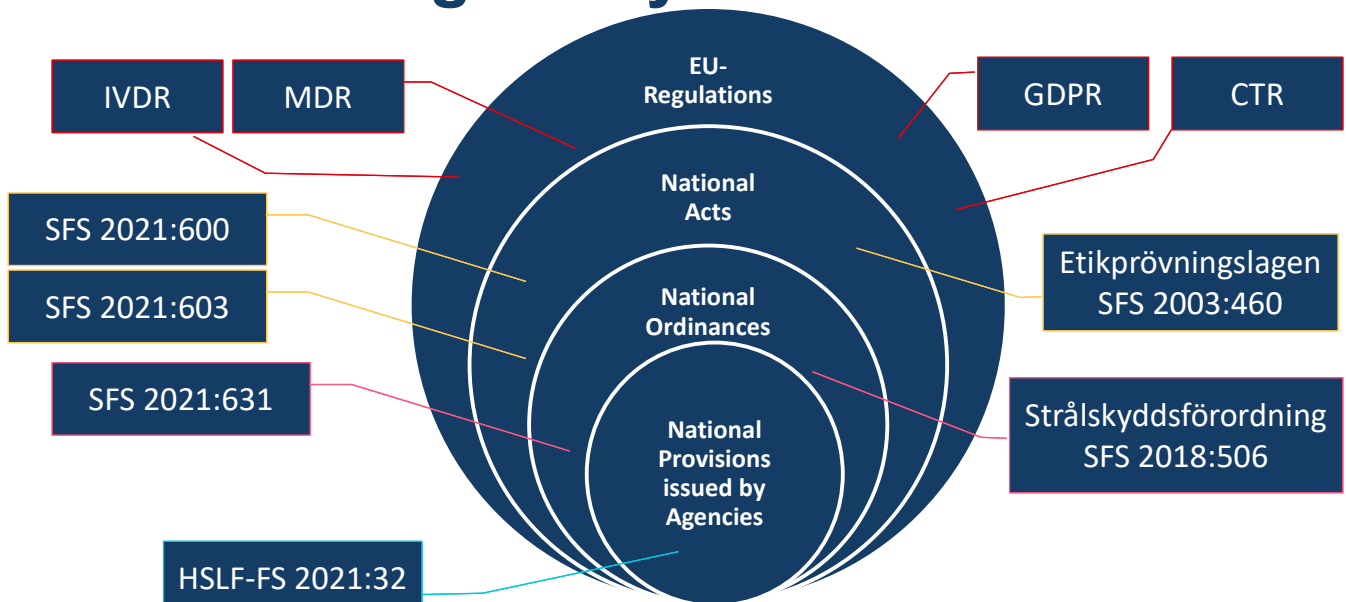
All clinical investigations of medical devices have to be submitted to the MPA

A limited number of **performance studies** have to be submitted to the MPA:

- Surgically invasive sample-taking is done only for the purpose of the performance study
- Interventional clinical performance study
- Study involves additional invasive procedures or other risks for the subjects of the studies
- Companion Diagnostics (CDx)



Regulatory frame work



Authorisation procedures

For clinical investigations of medical devices and some performance studies of *in vitro*-diagnostic medical devices

Coordinated procedures for authorisation

For clinical investigations of medical devices and some performance studies of *in vitro*-diagnostic medical devices



- Sponsor is responsible for all submissions (notification and application)
- Submission to the MPA/Läkemedelsverket (later via EUDAMED)
- The MPA transmits relevant documents to the Ethical Review Authority*

*with the exceptions for some types of clinical investigations of medical devices

Four different authorisation procedures – MDR

For **clinical investigations** of medical devices

	Medical Device	A. Applicable legislation B. Interactions with Swedish Medical Products Agency C. Ethical assessment	When can the clinical investigation commence?
1	None-CE marked devices invasive class IIa and IIb, class III	A. MDR article 62.1 or MDR article 82 + 2 chap. 6§ act SFS 2021:600 B. Apply to and await MPA's validation of the application C. Ethical assessment is included in the approval from the MPA	45 days after the validation date (+ time for answering questions)
2	None-CE marked devices class I, non-invasive class IIa and IIb	A. MDR article 62.1 or MDR article 82 + 2 chap. 6§ act SFS 2021:600 + 6 chap. 1§ provision HSLF-FS 2021:32 B. Apply to and await MPA's validation of the application C. Await approval from the Ethical Review Authority	40 days after the validation date
3	CE-marked devices used within intended purpose BUT additional invasive or burdensome procedures comes with the investigation	A. MDR article 74.1 B. Notify the MPA at least 30 days prior to start of the investigations C. Await approval from the Ethical Review Authority	30 days after the notification
4	CE-marked devices used within intended purpose and no additional invasive or burdensome procedures comes with the investigation	A. MDR article 82 + 2 chap. 6§ act SFS 2021:600 + 6 chap. 3§ provision HSLF-FS 2021:32 B. Notify the MPA at least 30 days prior to start of the investigations C. Seperate application to the Ethical Review Authority (via Ethix)	30 days after the notification, if ethical approval is received

27

Three different authorisation procedures - IVDR

For some **performance studies** of *in vitro*-diagnostic medical devices

	Performance studies that	• Applicable legislation • Interaction with the Swedish Medical Products Agency • Ethical assessment	When can the clinical investigation commence?
1	<ul style="list-style-type: none"> include surgically invasive sample-taking done only for the purpose of the performance study and where the sample-taking <u>represents a major clinical risk</u> to the subject of the study are interventional clinical performance studies involve additional invasive procedures or other risks for the subjects of the studies involve companion diagnostics – <i>does not apply to studies using only left-over samples</i> 	<ul style="list-style-type: none"> IVDR articles 58.1 or 58.2 + 66.7b Apply to and await MPA's validation and authorization of the application Ethical assessment is included in the approval from the MPA 	45 days after the validation date (+time for answering questions)
2	<ul style="list-style-type: none"> include surgically invasive sample-taking done only for the purpose of the performance study but where the sample-taking <u>does not represent a major clinical risk</u> to the subject of the study 	<ul style="list-style-type: none"> IVDR articles 58.1a) + 66.7a Apply to and await MPA's validation of the application Await approval from the Ethical Review Authority 	40 days after the validation date
3	<ul style="list-style-type: none"> include a CE-marked device that is to be further assessed within the scope of its intended purpose and which involves additional procedures that are invasive or burdensome 	<ul style="list-style-type: none"> IVDR article 70.1 Notify the MPA at least 30 days prior to start of the study Await approval from the Ethical Review Authority 	30 days after notification, if ethical approval is received

28

What should be included in the application/notification?

Same documentation for both applications and notifications!

- Application and notification form
- Investigator's Brochure*
- Clinical Investigation Plan/Performance Study Plan
- A signed statement by the manufacturer that the device in question conforms to the general safety and performance requirements
- Proof of insurance cover or indemnification of subjects in case of injury
- Patient information and consent form
- Description of the arrangements to comply with the applicable rules on the protection and confidentiality of personal data
- Ethical application
- For each investigational site: CV for principal investigator + resources attestation
- Invoicing documents

* The Investigator's Brochure can be replaced by the Instructions for Use in some cases (see 6 chap. 3§ HSLF-FS 2021:32)

Interactions with the Medical Products Agency during and after the investigation/study

- Sponsor is responsible for reporting
 - All substantial modifications during the investigation/performance study
 - Serious Adverse Events and Device Deficiencies
 - Temporary halt or early termination of the investigation/performance study
 - The end of the investigation/performance study
- Submit a clinical investigation report/performance study report accompanied by a summary that is easily understood by the intended user
 - Within 1 year after the end of the investigation
 - Within 3 months if temporary halted or early terminated
- The report and summary will be published in EUDAMED/by the EU Commission

Assessment by the regulatory authorities

- Are the risk-minimisation solutions adequate?
- Are the measures planned for the safe installation, putting into service and maintenance of the investigational device adequate?
- The safety, quality and usefulness of any components of animal or human origin or of substances, which may be considered medicinal products
- The reliability and robustness of the data generated in the clinical investigation or performance study taking account of
 - statistical approaches,
 - design of the investigation or performance study and methodological aspects
 - sample size, comparator and endpoints
- If device for sterile use, are sterilisation procedures adequate?
- Insurance, responsibilities and other formalities

Is the device ready for a study on humans?

Risks, after risk minimization, are justified...



...when weighed against the expected clinical benefits

Compliance with the safety and performance requirements has been demonstrated, apart from the aspects covered by the clinical investigation/performance study, and...
...with regard to those aspects, every precaution has been taken to protect the health and safety of the subjects.

Investigator and other personnel

Article 62.6 MDR and Article 58.7 IVDR

The **investigator** shall be a person exercising a profession which is recognised in the Member State concerned as **qualifying for the role of investigator** on account of having the **necessary scientific knowledge and experience in patient care or laboratory medicine**.

Other personnel involved in **conducting a clinical investigation/performance study** shall be suitably qualified, by education, training or experience in the relevant medical field and in clinical research methodology, to perform their tasks.



Responsibility for the patient care

Article 62.4j MDR

Article 58.5j IVDR

Qualified medical doctor, **qualified dental practitioner** or any other person entitled by national law to provide the relevant patient care

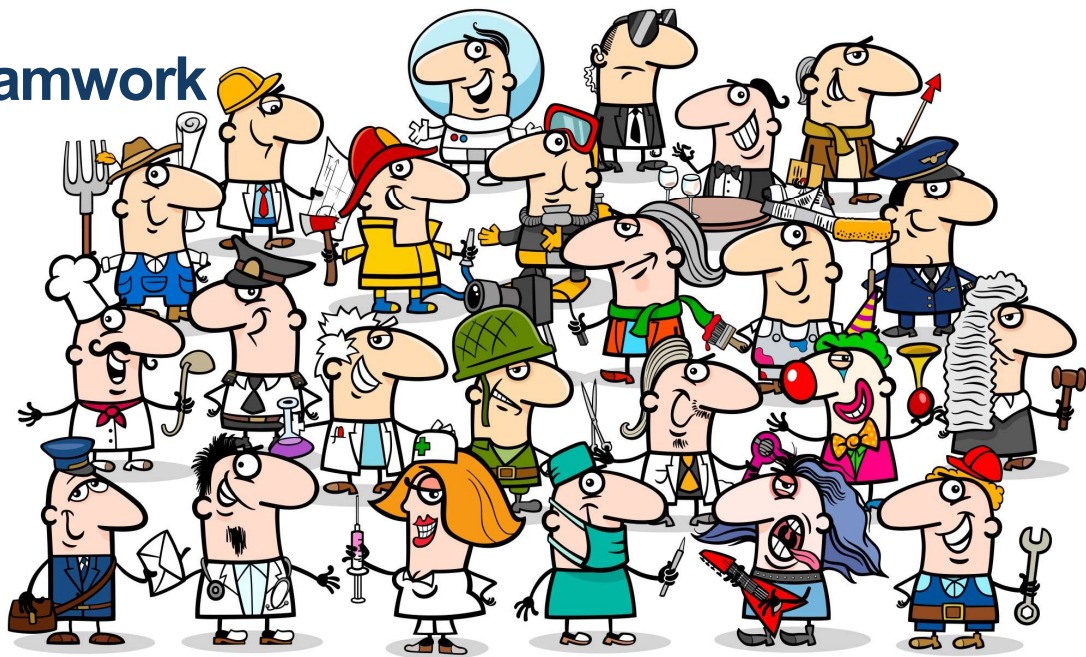


Common findings during the assessment

- Clinical Investigation Plan
 - Deviation management
 - Management of substantial modifications
 - Safety reporting
- Patient Information/Consent Form
 - Minimal requirements in the GCP standard not fulfilled
- Device details
 - Product description too superficial
 - Applied standards
 - Preclinical data
 - Expected clinical risks
- Need to justify/adapt the study design
 - Patient selection criteria
 - Statistical methods
 - Patient safety aspects
- Consent procedure and possible inclusion of incapacitated subjects
- Version management of documents
- Inconsistencies within and between documents

35

Teamwork



36

Visit our website for more information
<https://www.lakemedelsverket.se/en/permission-approval-and-control/clinical-trials/medical-devices>

Contact us
E-mail registrator@lakemedelsverket.se
Telephone +46 (0)18-17 46 00



37



38