

# What to clean and when

## Daily

- ☐ Wash the dishes
- ☐ Wipe kitchen table & counters
- ☐ Take out the garbage & recycling

## Monthly

- ☐ Clean inside of the fridge
- ☐ Clear shower floor drain
- ☐ Wash sheets and towels
- ☐ Clean the kitchen fan filter

## Weekly

- ☐ Dust
- ☐ Vacuum/Sweep & mop all floors
- ☐ Scrub bathroom & toilet
- ☐ Clean stove and oven

Check out our cleaning instructions:





# Cleaning product guide

**You will need these cleaning supplies:**

## **ALL PURPOSE CLEANING**

Example: Grön såpa / Soft soap (green)

Såpa is non-toxic and can be used for surfaces, toilet, stovetop, inside oven and mopping floors. Dilute according to the bottle and swab with damp mop. Use only TREND floor cleaner for Teknikringen flooring.

## **WASHING-UP LIQUID**

For dishwashing, greasy stains and kitchen surfaces.

2ml liquid is enough for 5 liters of water.

## **WHITE VINEGAR**

For limescale removal.

Use in bathroom on tiles and porcelain surfaces, shower walls and in toilet. Always use rubber gloves! Apply on a sponge or brush. Scrub the areas and rinse with water.

## **MICROFIBER CLOTHS**

Use on stainless steel, any surfaces, cabinet doors, mirrors, etc. For dusting, use the cloth dry. For cleanup and polish, wet the cloths in hot water.

Machine wash microfiber cloths and mop heads with regular detergent weekly, do not use softener.

## **DISHCLOTHS & SPONGE**

## **TOILET BRUSH**

## **BROOM AND & DUSTPAN OR VACCUUM CLEANER**

## **VACCUUM CLEANER BAGS**

## **PAPER TOWELS**

## **RUBBER / PLASTIC GLOVES**

## **GARBAGE BAGS 2-4 LITERS**

We recommend using cleaning products labeled with the Nordic Swan Ecolabel

