

# Guide to cleaning

## supplies



### *Cleaning supplies we recommend buying:*

#### **ALL PURPOSE CLEANING**

*Example: Grumme Såpa*

"Såpa" is a non-toxic liquid soap for most surfaces, including the toilet, stovetop, oven and floors. Dilute as instructed on the bottle and mop floors with a damp mop.

#### **WASHING-UP LIQUID**

*Example: Yes washing-up liquid*

For dishwashing, greasy stains, kitchen surfaces and minor kitchen-sink blockages. Use about 2 ml per 5 liters of water.

#### **WHITE VINEGAR**

*Example: Any clear household vinegar*

Works well to remove and prevent limescale. Use in the bathroom on tiles, porcelain surfaces, shower walls and floors and in the toilet.

Always use rubber gloves. Apply with a sponge or brush, scrub the area and rinse with water.

*We recommend using cleaning products labeled with the Nordic Swan Ecolabel*



#### **MICROFIBER CLOTHS**

Use on stainless steel, any surfaces, cabinet doors, mirrors, etc. For dusting, use the cloth dry. For cleanup and polish, wet cloths in hot water.

Machine wash microfiber cloths and mop heads with regular detergent weekly. Do not use softener.

#### **DISHCLOTHS & SPONGES**

#### **TOILET BRUSH**

#### **BROOM & DUSTPAN or**

#### **VACUUM CLEANER & BAGS**

#### **MOP & BUCKET**

#### **RUBBER GLOVES**

#### **GARBAGE BAGS**



# What to clean

# and when



**DAILY:** Wash dishes

Wipe kitchen counter & stovetop

Take out trash & recycling

**WEEKLY:** Clean & mop floors

Clean toilet

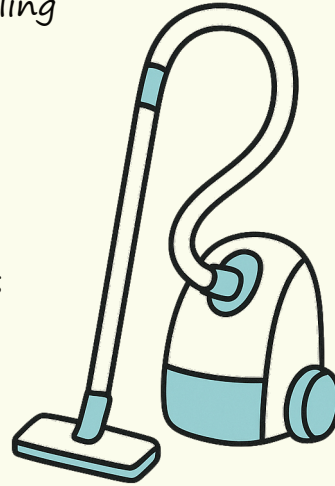
Wash sheets and towels

**MONTHLY:** Deep clean bathroom

Clean fridge & oven

Clear shower floor drain

Clean the kitchen fan filter



*Cleaning instructions*

*Cleaning schedule for printing*

