

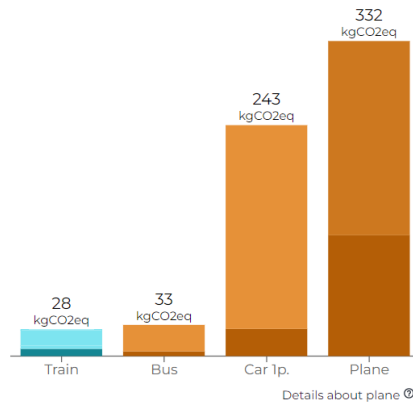


Travelling by train to Stockholm



Students for
Sustainability

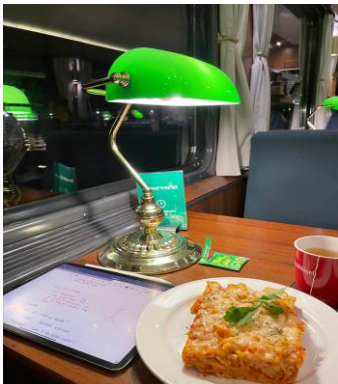
Why travelling by train?



Less CO2-equivalent emissions



Higher luggage capacity



More comfortable



Scenic views, enriching travelling experience

How to travel by train: plan your journey

- **Avoid Google maps:** very bad for long journeys
- Other options: aggregators like Omio, Trainline but not always optimized for long distances
- The website we recommend: **the man in seat 61**
 - Forum explaining different options to reach any big city in Europe by train
 - Very useful for providing journey options, but be critical about the prices



How to travel by train: book your tickets

Individual websites

- Companies' websites like SJ, DB/aggregators
- High price variety depending on the travelling day (dynamic pricing)
- Better for shorter trips



Interrail/Eurail

- Low price variety
- High flexibility
- Useful for travelling through many places in a short period of time
- Can be more expensive for short trips



Tips and tricks



A summary of useful links

<https://docs.google.com/document/d/1PXCKPInOS5EwDQ0OEgVV4jdldqfidViwWcNeVQCINnE/edit?usp=sharing>

- Download the companies' apps to synchronize your tickets and get updates on your trains
- Transfers: when planning your journey, try to have as few of them as possible and leave enough time between your trains (around 1h),
- Check your luggage regularly during the journey
- If you are an exchange student: look for partial refunds for travelling sustainably! (e.g. Erasmus)
- Delays: it may happen ...
 - Look for help in case you miss your transfer, you won't be the only one in this situation!
 - Get reimbursed for additional costs (e.g. train tickets) and try to get a compensation from the train company (SJ is very reactive in this sense)
- Be prepared for the journey: bring food, water (there's not always drinking water in the train), handwash (sometimes not in the train toilets), a book, neck pillow, eye mask, earplugs, a warm layers for the night, download movies, ...



Now what?



Still interested? Scan this QR code and access:

- More detailed Workshops about organizing your trip
- Newsletters giving precious tips
- A WhatsApp community of everyone travelling by train this summer

<https://www.kth.se/form/67f522d80b118ca05a756410>

Questions, interested in what we do as SforS?

email: kth.sfors@gmail.com

Instagram: @kthsfors



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