



Handbook for Erasmus Mundus Joint Doctorate students KTH 2013-14



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Contents

Sweden	3
Stockholm	3
Climate	3
Traditions and holidays	4
Important information.....	5
Residence permit	5
Personal identity number	6
Identity card.....	7
Co-ordination number	7
Insurance	7
Employment contracts.....	8
Accommodation at KTH	8
Banking in Sweden.....	8
Health Care.....	10
Kammarkollegiet.....	10
European Health Insurance Card	10
Health advice	11
Dental care	11
Pharmacies.....	11
Emergency assistance	11
General practical information.....	12
Useful information	15
Useful links.....	17

Sweden

Sweden is often described in terms of contrasts; innovative modernity and historical tradition, high technology and magnificent natural settings, rationality and beauty, land and water. Sweden is also known for its multinational brands, such as Ikea, Ericsson, Volvo and H&M as well as cultural brands like ABBA, Stieg Larsson, Astrid Lindgren, Ingmar Bergman and many more.

Facts and figures about Sweden:

- 9.5 million inhabitants
- 450 000 square kilometres
- Member of the EU since 1995
- Currency: 1 krona (SEK) = 100 öre
- Constitution: Constitutional monarchy, parliamentary democracy
- Parliament: The Riksdag, with 349 members in one chamber
- Head of State: King Carl XVI Gustaf
- Head of Government: Prime Minister

Stockholm

Stockholm is the capital of Sweden with almost 2 million inhabitants. It is located between Lake Mälaren and the Baltic Sea half way up (or down) the country. Stockholm is characterized by an innovative atmosphere and a bustling city life. The capital contains the heart of Swedish commercial and business life. Financial services, IT, biomedicine, environmental technology and the rapidly increasing “experience industry” (media, design, music, etc.) are among Stockholm’s most prominent industries today.

The city also provides a full range of events within culture and sports. Stockholm’s city center is made up of 14 islands connected by bridges. The city’s unique location means that water is always close by. This offers spectacular views and outstanding activities, such as fishing, swimming, sailing or ice-skating in the heart of the city or the surrounding archipelago. The extensive archipelago is often described as a unique natural experience as it has more than 24 000 islands of which only 150 are inhabited throughout the year.

Climate

Influenced by the warm Gulf Stream, the Swedish climate is milder than you might expect at this latitude. In the summer it can be hot and dry with temperatures reaching up to 30° Celsius as well as down to 15°C. The differences between the southern and northern regions are considerable.

Northern Sweden is covered by snow in wintertime, with temperatures down to –30°C, while winter in southern Sweden does not always mean snow nor temperatures below zero. In summer time the north of Sweden enjoys the midnight sun – a phenomenon which means that the sun never sets in June/July, with constant daylight as a consequence.

Average midday temperatures in Stockholm:

- Winter: Dec – March, –5 to 2° Celsius
- Spring: April – May, 8 to 14° Celsius
- Summer: June – Aug, 18 to 24° Celsius
- Autumn: Sept – Nov, 5 to 15° Celsius

Traditions and holidays

Holidays in Sweden are both religious and secular. Many of them date back to the time when Sweden was primarily an agricultural country. Here are some of the holidays celebrated in Sweden.

Easter

Easter is primarily a family holiday. Children dress up as “Easter witches” and pay visits to their neighbours asking for sweets. Good Friday, Easter Sunday and Easter Monday are national holidays.

Walpurgis Eve

On the evening of 30 April, Swedes welcome spring by lighting bonfires and listening to choirs sing traditional songs. Speeches are delivered to greet the arrival of spring.

Midsummer

Late in June when days are at their longest, Mid-summer is celebrated. This is one of the biggest, and certainly most popular, Swedish holidays. In the afternoon the maypole is raised and people dance around it. The menu offers marinated herring (raw fish), new potatoes and strawberries. According to tradition, unmarried girls pick seven different kinds of flowers, put them under their pillows and dream of their husband-to-be.

Crayfish season

The second Wednesday of August marks the beginning of the crayfish season. This is celebrated with outdoor parties illuminated by colourful lanterns where silly hats are worn.

Lucia

St Lucia was an Italian saint whose memorial day is celebrated in Sweden on 13 December. Lucia is supposed to bring light in the very darkest period of the year. If you are lucky, a girl dressed in a white robe wearing a crown of candles on her head singing traditional songs will wake you up in the morning with a cup of coffee and a bun. If not, and you are up early, there is a good chance of seeing a Lucia parade at the KTH Library, the Student Union or elsewhere on campus.

Christmas

Even before Christianity was introduced in Sweden, there was a winter solstice celebration. Today Christmas is an important holiday. Most people are off work or school for at least one or two weeks. The peak of the celebration is 24 December when families eat traditional food, gather around the Christmas tree and children wait for Santa Claus to bring Christmas presents.

New Year's Eve

New Year's Eve, 31 December, is celebrated either at home or with friends.

Important information

Residence permit

Right of residence - EU/EEA citizens

Doctoral students from an EU/EEA country may study in Sweden without a residence permit. However you should register your right of residence at the Swedish Migration Board within three months of arrival in Sweden if the stay exceeds three months.

Swiss students must apply for a residence permit upon arrival to Sweden.

Nordic citizens may live in Sweden without registering or holding a residence permit.

Residence permit - non-EU/EEA citizens

It is important that you apply for a VISA/residence permit for your first host country as soon as you receive your Acknowledgement of Fellowship Award letter and the local Letter of Admission to ensure that you receive the VISA/permit in time.

For stays in Sweden exceeding three months

Anyone from a country outside the EU/EEA who stays in Sweden for more than three months requires a residence permit, *uppehållstillstånd*. The authority responsible for issuing residence permits is the Swedish Migration Board, *Migrationsverket*.

To apply for a residence permit for doctoral studies in Sweden, the application should be made at the Swedish Embassy/Consulate in your country of origin or the country where you permanently reside, if other than country of origin. To locate the Swedish Embassy/Consulate in your country of residence and to find out which specific documents are required for that country, please go to www.swedenabroad.com. Citizens of certain countries may also apply online at: www.migrationsverket.se. If possible, the Swedish Migration Board recommends applying on-line as it will speed up the process.

If you have already started your Erasmus Mundus Joint Doctorate studies in another European institution and Sweden is part of your mobility and you will stay for more than three months, you can submit your application from the country where you are currently studying. Your permit must be complete before you can enter Sweden. This applies even if you have a residence permit for doctoral studies in another EU country, and the permit gives you the right to visit here for three months. If your stay in Sweden will exceed three months, the permit must be complete prior to entry.

In order for the Swedish Migration Board to issue a residence permit card, you must be photographed and have your fingerprints taken when you submit your application or when you collect the residence permit. The *residence permit card* is proof of your residence permit and when you enter Sweden, you must show your card along with a valid passport.

A residence permit in Sweden will only be granted for a maximum of one year at a time. If you require a residence permit for more than a year you must apply for an extension, please see the section below. If the period of study is less than one year you will only be granted a residence permit for the actual period you will stay in Sweden.

Extension of residence permit

You must apply for an extension before your current residence permit expires.

You are entitled to stay in Sweden while your permit is being processed. If you travel abroad in connection with the permit expiring, it may be difficult to re-enter Sweden before the new permit has been granted and you may be forced to wait for the new decision outside Sweden.

Waiting time for first-time applications

The Swedish Migration Board makes decisions about residence permits for studies within three months from the date that a Swedish Embassy/Consulate abroad has received your application.

Waiting time for extensions

The Migration Board gives priority to applications from students abroad. Therefore, you may have to wait for a decision if you are applying for an extension of your permit. Once you have submitted your application you may stay in Sweden until you have received your decision.

The Migration Board will give you a decision within approximately five months. This is important to bear in mind if you require an extension for studies in Sweden.

Personal identity number

Doctoral students from EU and non-EU countries who will study in Sweden for more than 12 months can be registered in the Swedish population register. By registering in the Swedish population register you will obtain a 10-digit Swedish personal identity number, *personnummer*. The issuing agency is the Swedish Tax Agency, *Skatteverket*.

The personal identity number is widely used for everyday purposes and acquiring this will greatly facilitate any contact with companies, organisations and authorities in Sweden. For example; opening a bank account in Sweden, setting up memberships, booking travel, joining insurance plans, paying bills and it will also entitle you to health care at the standard patient fee (same as for Swedish citizens).

All students at KTH without a personal identity number are provided with a temporary registration number for use within KTH. The temporary number from KTH should not be confused with the Swedish personal identity number that is issued by the Swedish Tax Agency. When you have received a personal identity number please inform KTH immediately so that your temporary number can be replaced.

To apply for a personal identity number you must pay a personal visit to the Swedish Tax Agency. The Swedish Tax Agency has service offices at the following locations:

Visiting address: Regeringsgatan 109, Stockholm City
Metro station: T-Centralen, Hötorget
Opening hours: Monday 09:00–18:00; Tuesday – Friday: 10:00–16:00

Visiting address: Järnvägsgatan 20, Sundbyberg
Metro station: Sundbyberg centrum
Opening hours: Monday–Tuesday 10:00–16:00, Wednesday 10:00–18:00, Thursday–Friday 10:00–16:00

Visiting address: Färögatan 5, Kista
Metro station: Kista
Opening hours: Monday 10:00–16:00, Tuesday 10:00–18:00, Wednesday–Friday 10:00 –16:00

Visiting Address: Hallunda Torg, centrum, Hallunda/Botkyrka

Metro station: Hallunda

Opening hours: Monday–Wednesday & Friday 10:00 –16:00; Thursday 10:00–18:00, Friday 10:00–16:00

It may take 2-3 weeks for the Swedish Tax Agency to handle your application.

What to do when you have received our personal identity number

When moving to another address during your stay in Sweden you should report your new address to the Swedish Tax Agency.

Identity card

Once you have received your personal identity number you can apply for a Swedish identity card. To apply you must visit the Swedish Tax Agency in person to be photographed, show a receipt that you have paid 400 SEK to the account provided by the Swedish Tax Agency and provide satisfactory documentation proving your identity.

Visiting address: Södermalmsallén 38, Södermalm

Metro station: Medborgarplatsen

Opening hours: Monday 09:00– 18:00, Tuesday –Friday 10:00 –16:00

Co-ordination number

International doctoral students who have a residence permit for less than 12 months are not entitled to a personal identity number. If you will stay in Sweden for a longer period of time, but less than 12 months, and require a personal identity number, for example to be able to open a bank account you *may* be entitled to a co-ordination number, *samordningsnummer*, provided by the Swedish Tax Agency. Please contact your programme coordinator at KTH for more information, as the school must make the application on your behalf.

Insurance

All students in Sweden are covered by the personal injury insurance (the general student insurance) that is obtained on behalf of universities and colleges within the Government insurance system by the Central Student Grants Committee. The insurance applies in Sweden during school hours and during travel to and from the location where school hours are spent.

It is recommended that all international students have a complete insurance cover in order to avoid extreme costs that might emerge in the case of an unexpected incident. In addition, it is advisable that the insurance includes cover for personal belongings.

Kammarkollegiet

Some programmes have opted for the Erasmus Mundus insurance from Kammarkollegiet that is valid in 27 member states of the European Union, the EEA/EFTA countries (Iceland, Liechtenstein and Norway), the countries that are candidates for membership of the European Union (Croatia, FYROM, Turkey) as well as the countries of the Third Country Partners/associated members identified by the Consortium as study destinations. If your programme has opted for this insurance policy they will provide you with an insurance card.

The coverage includes:

- costs for essential medical and dental care

- cover in the event of death
- accidental injury resulting in medical disability
- third party liability cover
- theft and loss of identification documents and travel tickets
- visits by relatives in emergency cases
- disruption

To find out more or to access the claim form please visit <http://www.kammarkollegiet.se/insurance>

Please note that it is not mandatory for programmes that offer employment contracts to sign up for this insurance.

Employment contracts

An employment contract offers social security provisions in accordance with existing national legislation and with national or collective wage agreements. It is the social security provisions in the country in which your employment contract is held which applies even if you spend time away from that country. Please contact your programme coordinator/university where your employment contract is held to find out what benefits are associated with the contract.

Social insurance from the Swedish Social Insurance Agency – employment at KTH

An employment contract at KTH entitles you to the social benefits provided for by the Swedish Social Insurance Agency, *Försäkringskassan*, provided you are employed here, have a residence permit for doctoral studies in Sweden and a Swedish identity number or co-ordination number.

Accommodation at KTH

Accommodation is provided by the KTH Relocation Service. If you wish to apply for accommodation then please contact your programme coordinator or programme administrator in the first instance and they will assist you.

Banking in Sweden

Having access to a Swedish bank account during your stay in Sweden can be convenient for paying bills etc. Requirements may vary at different banks. However, generally with a Swedish personal identity number and id-card you have the option to apply for a bank account at any major bank of your choice. All banks charge a fee for their services and without a personal identity number services the offered are limited. If you cannot pay bills with your credit card online or via online transfer through your bank account, you can go to certain exchange offices or supermarkets to pay bills at a fee of sek 35 per bill. Please be aware that there are restrictions on the amount of cash that may be withdrawn during the course of one week and remember to close your account before leaving Sweden.

If you will be staying in Sweden for 3-10 months you may consider using your national bank account and bank card for money transactions and withdraw cash in ATM's if necessary. International debit and credit cards are widely accepted as a method of payment in Sweden. The fees for money exchange might in total be less than the costs of a bank account, bank cards and payment fees at a Swedish bank.

If you will be staying t KTH for more than 12 months you can apply for a Swedish identity number and a Swedish ID-card which greatly facilitates your possibilities to open a bank account at a Swedish bank of your choice. In most cases you can upgrade your account after receiving a personal identity number. The population registration process may take a few weeks and should be done before you apply for a

bank account. Once you have a personal identity number you can apply for a Swedish ID card which will simplify identification at the bank.

Generally you will need to bring the following when opening a bank account:

- Valid passport (Your passport must have a valid international standard, for the Swedish banks to accept it as an ID)
- Letter of acceptance
- Details of address in Sweden
- A birth certificate issued by the Swedish Tax Authority (if you have a Swedish personal identity number)

Health Care

The Swedish health care system is financed by a social insurance that provides all citizens with subsidized health care through the government. There are both public and private providers of health care. If you have obtained a Swedish personal identity number you are entitled to health care at the standard patient fees as Swedish citizens, with the exception of surgery and stay in hospital. You will be fully covered if you need medical help during the time it takes to process your application for a personal identity number, please note that you will then need to show proof that your application is under process.

Sweden has reciprocal agreements for medical benefits with a number of countries. To find out whether your country has such an agreement, you should contact the social insurance office in your home country. Students from countries with this type of agreement need only present their passport and a certificate from their national social insurance office when seeking medical help. For the reciprocal agreement to apply, the need for medical care must arise during (not prior to) your stay in Sweden.

Sweden has special agreements with Algeria, Australia and the Quebec-region (Canada) regarding emergency medical care. If you are from any of these countries, please contact the Social Insurance office in your home country for more information.

Dental care is not fully subsidized and is therefore relatively expensive in Sweden.

Kammarkollegiet

If your programme has opted for the Erasmus Mundus insurance from Kammarkollegiet you will receive an insurance card from your programme coordinator. The insurance is valid in 27 member states of the European Union, the EEA/EFTA countries (Iceland, Liechtenstein and Norway), the countries that are candidates for membership of the European Union (Croatia, FYROM, Turkey) as well as the countries of the Third Country Partners/associated members identified by the Consortium as study destinations. To find out more and/or to access the claim form please visit <http://www.kammarkollegiet.se/insurance>. The claim form should be handed in to your programme coordinator.

European Health Insurance Card

As the Erasmus Mundus Joint Doctorate programmes incorporates mobility and shorter visits to other countries for workshops etc. we recommend that you apply for a European Health Insurance Card (EHIC) which is valid in all 27 member states of the European Union, Iceland, Liechtenstein, Norway and Switzerland. The card is free of charge and is valid for 3 years.

The card ensures that you will get the same access to public sector health care (e.g. a doctor, a pharmacy, a hospital or a health care center) as nationals of the country you are visiting.

The European Health Insurance Card:

- is not an alternative to travel insurance. It does not cover any private healthcare or costs such as a return flight to your home country or lost/stolen property
- does not cover your costs if you are travelling for the express purpose of obtaining medical treatment
- does not guarantee free services. As each country's healthcare system is different services that cost nothing at home might not be free in another country

EU/EEA citizens

To be eligible for a card, you must be insured by or covered by a state social security system in any Member State of the European Union, Iceland, Liechtenstein, Norway or Switzerland.

Non-EU/EEA citizens

People from non-EU countries who are legally residing in the EU and are covered by a state social security scheme are also eligible for a European Health Insurance Card. However, nationals from non-EU countries cannot use their EHIC for medical treatment in Denmark, Iceland, Liechtenstein, Norway and Switzerland.

The card can be obtained from the Social Insurance Office or the local health authority in the European country where your employment contract is held. If you have an employment contract at KTH you can apply for the card at the Swedish Social Insurance Agency, *Försäkringskassan*.

Health advice

The Stockholm health care guide, *Vårdguiden*, has an official hotline that provides advice on medical problems and guidance to medical care 24 hours a day. Call them if you become ill or have had an injury. They can also help you to contact a doctor on call or an emergency unit. Phone number: 08-320 100.

Dental care

If you need a dentist, you can contact the District Dental Clinic, *Folktandvården*, or a private dentist. Call in advance to make an appointment. In case of an emergency, call the Stockholm health care guide and ask for a dentist on call.

Pharmacies

In Sweden, pharmacies handle prescription drugs as well as hygiene products. Antibiotics and certain medicines cannot be bought without doctor's prescription. Prescriptions are often handled electronically.

Pharmacies in Stockholm are generally open from 10:00–18:00. Near Stockholm Central Station you can find a 24-hour pharmacy, *Apoteket CW Scheele*, located on *Klarabergsgatan 64*.

Emergency assistance

In case of emergency, dial 112 (free of charge) for assistance. On calling you are expected to give detailed information about what has happened and where, your name and address, the nature of the accident and the number of people who need help. Based on this information, they determine what kind of assistance will be provided (ambulance, police, fire department). Emergency calls from public telephone booths are free of charge. Push the emergency button and dial 112. Only contact the hospital if there is an emergency. For minor injuries or health problems, visit the local health care center. Swedish hospitals are not allowed to deny emergency care to anyone.

General practical information

Public transportation

Public transportation is easy to use in Stockholm and in Sweden in general. Stockholm Public Transport, SL, provides travel by commuter train, metro, bus, tram and boat, throughout the Greater Stockholm area. Metro stations are marked with (T) and commuter train stations with a (J).

A travel card, called the SL Access card, will provide you with unlimited travel within the Greater Stockholm area and this is by far the easiest and cheapest way to get around. Nearly all tickets are loaded on the SL Access card, which is an electronic smart card.

The SL Access card can be bought at SL Centres in the metro or commuter train stations or in any Pressbyrån (convenience store).

How to get to KTH

KTH is spread out over five campuses in the Stockholm region. From the Central Station in Stockholm and the adjacent metro hub, T-Centralen, you have easy access to all the KTH campuses. T-Centralen is the heart of the Stockholm transport network and connects long-distance and commuter trains, metro, buses and taxis.

KTH Campus

From the airport to the Central Station

The airport transfer bus departs every 10–15 minutes from the arrival hall at Stockholm International Airport, Arlanda, to the Central Station in Stockholm. The journey takes about 40 minutes and costs SEK 79 for a youth ticket up to 26 years of age and SEK 99 for others. The high speed train, Arlanda Express, departs every 15 minutes to Stockholm Central Station which takes about 20 minutes. The cost of a single ticket is SEK 130 for a youth ticket up to 26 years and SEK 260 for others.

RyanAir flies to Skavsta airport. The airport transfer coach takes about 80 minutes to Stockholm Central Station. The cost of a single ticket is SEK 119–149. Tickets are cheaper if you buy them online in advance.

From the Central Station, T-Centralen

KTH Campus, the main campus at KTH, is just 5 minutes away by metro from T-Centralen and the Central Station. Take the red line towards Mörby Centrum and get off at Tekniska Högskolan. Follow the signs towards Tekniska Högskolan and KTH.

By car

KTH is situated close to the northern exit of the City of Stockholm, Norrtull. At Norrtull, continue to Roslagstull and then turn right onto Valhallavägen. KTH is located at Valhallavägen 79, on the left-hand side.

KTH Kista

Metro: Take the blue line from T-Centralen towards Akalla and get off at Kista. The trip takes about 20 minutes.

KTH Haninge

Commuter train: From T-Centralen towards Västerhaninge or Nynäshamn. Get off at the station Handen. The trip takes about 25 minutes.

KTH Flemingsberg

Commuter train: From T-Centralen towards Södertälje. Get off at Flemingsberg. The trip takes about 20 minutes.

KTH Södertälje

Commuter train: From T-Centralen towards Södertälje. Get off at Södertälje Centrum. The trip takes about 45 minutes.

KTH Library

There are several libraries on the various campuses of KTH. The library at main campus, called KTHB, is situated at Osquars backe 31. In addition to a large selection of books, research databases, periodicals and newspapers, the library also offers services such as study places, computers, group rooms and a café, which has made it a popular meeting spot for students. At the library you can also find printers, scanners, photocopying and fax machines as well as a machine for simple bookbinding. General opening hours of the main library premises are Monday–Thursday: 8:00–20:00, Friday until 18:00. The opening hours vary during summer and other holidays. KTH Kista, KTH Haninge and KTH Södertälje have local libraries.

In order to borrow books, a KTH library card is required which can be obtained free of charge from one of the libraries. Bring your letter of admission and ID (i.e. passport).

IT-services

The IT Support Center at KTH can help with technical support or troubleshooting and also provides other services at self-cost-prices, such as; transparencies, colour or odd size print-outs and photocopies etc. Lost or malfunctioning KTH key access cards are handled by the IT Support Center or at the IT help desk at your campus.

WI-FI networks, Eduroam and KTH Open, are available in most places at KTH's campuses for anyone with a valid KTH account. KTH Campus offers a network in public areas; lecture rooms, student areas etc. There are both wired (outlets) and wireless connections available. The network is also implemented in KTH Kista, KTH Haninge and KTH Södertälje.

All students get a personal printing quota of 400 pages per six months. When this quota is used up, you can purchase additional printing quota at the IT Support Center or library.

Disabilities

KTH has a support system for students with special needs. In order to qualify for these services, the required support should be stated in the student's application and a medical certificate must be provided. Examples of such support include extended time for written exams, help to take notes and audio books.

Student chaplaincy

The Student Chaplain is available for everyone of all faiths, if you want someone to talk to or if you have queries regarding religious matters. The Chaplain can also help you to get in touch with your preferred church or religious representative or if you would like to know more about the Church of Sweden.

KTH Student Chaplain is available on telephone: 076-501 17 88.

There are spiritual rooms available for prayer and meditation on KTH Campus, KTH Haninge and KTH Kista. The rooms are accessible with the KTH access card given to all students at registration.

KTH Emergency number

Call the KTH emergency number, 08-790 77 00, if there is a security issue at KTH. Give the operator your telephone number and inform them which campus you are at. KTH security staff will call you back and you can tell them what has happened. Do not hesitate to call, it is staffed 24 hours.

Outdoor life

Although KTH Campus is located in central Stockholm, it is next to the National City Park – a large green area with substantial natural and cultural resources.

The Swedish Law of Public Access to nature, *Allemansrätten*, gives the right to roam in the Swedish countryside as long as respect is shown for crops and wildlife. You are entitled to walk, jog, ski, picnic or cycle in any of Sweden and Stockholm's many parks and forests. If you plan to have an outdoor barbeque first find out if there is a fire hazard in the area which is not unusual in the summertime. Please note that there are restrictions on drinking alcohol in public areas by Swedish law. Stockholm offers many places where you can go swimming in Lake Mälaren or the Baltic sea, near the city centre or the surrounding archipelago.

If you like to spend time outdoors we encourage you to take time to explore the excellent opportunities for recreational activities in and around the capital city. For more tips about what to do outdoors, in Stockholm or elsewhere in Sweden, visit the website of the Swedish tourist association www.svenskaturistforeningen.se/en

Sports

At Brinellvägen 38, KTH Campus, you will find KTH-Hallen a health club which offers a fully equipped gym, fitness classes, cycling and sports such as basketball, badminton, etc. Students may buy membership at a reduced price. Near the main campus there is also an indoor swimming pool called GIH-badet. Address: Drottning Sofias Väg 20 (next to KTH Campus).

Located near the metro stop Universitetet is another health club and sports hall, Frescatihallen, run by the Stockholm Students' Sports Association. It offers a gym for weight lifting and cardio exercises, ball sports and fitness classes as well as classes in dance or fencing. Various types of memberships are available.

Useful information

Banking

The Swedish currency is the krona (SEK). Sweden does not use the Euro currency. Standard banking hours are Monday–Friday, 10.00–15.00. Most banks have designated branch offices that stay open later one night per week. We strongly recommend that you bring a VISA/Mastercard to ensure access to existing bank accounts.

Dates

The most common way of writing dates in Sweden is year, month, day i.e. 2013-05-15 or simply 130515, meaning 15 May 2013. It is also possible to write 15/5 2013.

Driving

Sweden, like most European countries, has right-hand traffic. International students with a foreign driver's license may use it in Sweden for up to one year.

Electricity

The main electricity type in Sweden is 230 volts and 50 cycles (Hz). As many international sockets differ from the continental European, an adapter may be needed for electrical appliances.

Emergency

For emergency assistance from police, ambulance or fire department, dial 112 (free of charge).

Household items

Bed linen, kitchen ware, etc. can be bought at reasonable prices at IKEA or at one of the many second-hand stores in Stockholm such as Myrorna or Stadsmissionen. On weekdays buses depart from the Stockholm Central Station at Vasagatan 18 bound for IKEA in Kungens Kurva every hour on the hour from 10:00–19:00. This IKEA bus is free of charge. Light bulbs and other small items can be bought reasonably priced at main stores such as Clas Ohlson and ÖoB.

Lost and found

KTH Campus' lost and found is situated at Info Center.

If you have left something on the metro, commuter train or bus, contact SL, Lost property at Klara Östra Kyrkogata 6, metro station T-Centralen. Open Mon 8:00–19:00, Tue–Fri 8:00–17:00, Sat 8:00–14:00.

If you lose valuables contact the City Police Station to report the item(s). Located at Bergsgatan 54. Tel: 010-56 33 610.

Narcotics

All types of illegal drugs are strictly forbidden in Sweden. There are severe penalties against using or selling illegal substances. Driving under the influence of narcotics or alcohol is prohibited by law.

Police

In case of emergency, dial 112. The national number to the police is 114 14. This number applies to all non-urgent cases.

Post

There are no conventional post offices in Sweden. Instead you can drop your stamped envelopes in the blue or yellow post boxes found around the city. The blue box is for local mail and the yellow box for domestic/international mail. Parcel and postage service is available in convenience stores and supermarkets that carry the Swedish postal service sign. If you have received a parcel, a dispatch note is sent to you from the store where you can pick up your parcel. Stamps can be purchased in most supermarkets and convenience stores.

Public Libraries

The Stockholm Main Public Library, Stadsbiblioteket, is situated at Sveavägen 73, metro station: Odenplan. There are many local public libraries throughout the city so there might be a library just around the corner from where you live.

The International Library is part of the Stockholm Public Library and is situated at Odengatan 59, near the Main Public Library. The International Library has 200 000 books in more than 100 languages and is a multicultural meeting place for everyone interested in language and literature.

The Royal Library is the national library and is situated in the park Humlegården. One copy of every book and magazine ever published in Sweden is kept here for reference purposes.

Tap water

Tap water in Sweden is of good quality and safe to drink. It is often available free of charge at cafes and restaurants.

Tourist information

The Stockholm Tourist Center is located at Vasagatan 14, opposite the Central Station. Brochures, guidebooks, souvenirs and maps of popular attractions and sightseeing spots such as Skansen, Vasamuseet, Gröna Lund, Kulturhuset, etc. can all be found here.

Useful links

European Health Insurance Card: <http://ec.europa.eu/social/main.jsp?catId=563&langId=en>

Kammarkollegiet: <http://www.kammarkollegiet.se/insurance>

The Swedish Migration Board: www.migrationsverket.se/info/studera_en.html

The Swedish Tax Agency (Skatteverket): www.skatteverket.se

The Swedish Tax Agency - ID cards:
www.skatteverket.se/privat/idkort/idcard.4.76a43be412206334b89800039548.html

The Swedish Social Insurance Agency (Försäkringskassan): www.forsakringskassan.se/sprak/eng/

General information about Stockholm and Sweden

www.sweden.se

www.visitstockholm.com

www.swedenabroad.com

www.svenskaturistforeningen.se/en

Other useful links

KTH Hallen: <http://kth-hallen.se/en/>

Public libraries: www.biblioteket.stockholm.se/en

SSSB (Student housing in Stockholm): www.sssb.se/index.php?page=home_eng

Stockholm Public Transport (SL): <http://sl.se/en/Visitor/Plan-your-journey/>

The International Library: www.interbib.se

The Royal Library: www.kb.se/english

The Local (Sweden's news in English): www.thelocal.se