

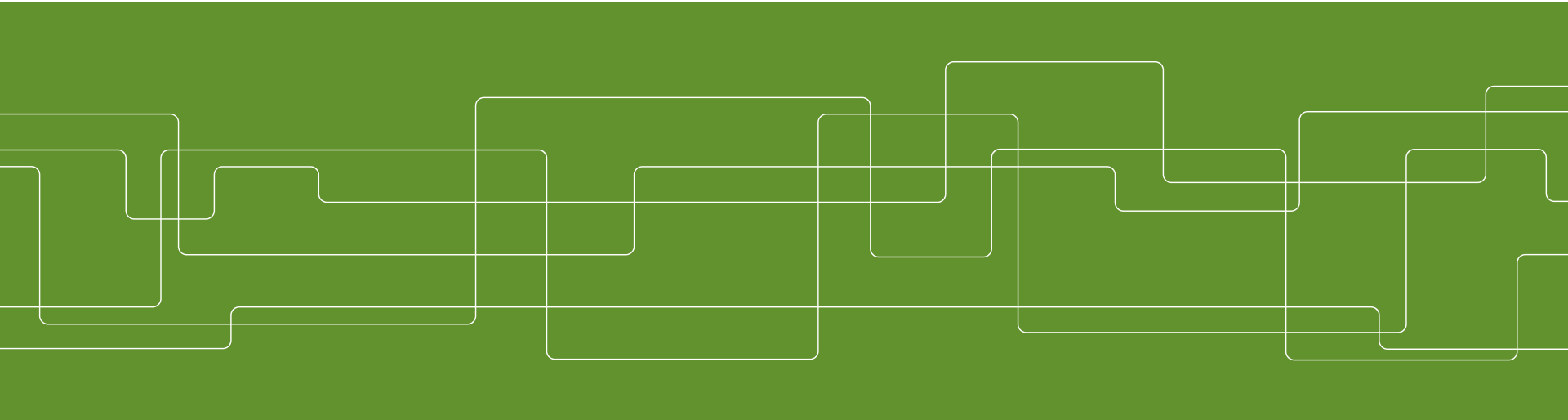


Career development

Master student

KTH Career

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Introduction

Purpose

Feel informed and confident in your career development and job search. Your "own" process, your responsibility. KTH provides guidelines.

Four steps/ seminars plus own work with some exercises in KTH Social



Content seminars

| Date | Content | Venue |
|------|--|---|
| 19/2 | Step 1: Employers - what are they looking for? <i>Who am I, my skills, what do I want?</i> | Main library, lecture hall "Syd östra galleriet" |
| 26/2 | Step 2: The job hunting in 2015 | Student union house Lecture hall, "Gröten" |
| 26/3 | Step 3: The professional role in a fast changing working life | Main library, lecture hall "Syd östra galleriet" |
| 9/4 | Step 4: How to prepare for and handle the job interview | Student union house Lecture hall, "Gröten" |
| 5/5 | Extra guest seminar on how to make the most out of your profile on Linked in <i>Jörgen Kihlgren from the Swedish union of leaders</i> | Student union house Lecture hall, "Gröten" |



Background

In the mind of the employer:

- **90 percent** of managers think that **personal qualities** is the most important factor when recruiting.
- **Secondly** they look at **specific experience** from a field or industry plus **formal education**.

Employability skills, generic skills,

Career management skills

Employability skills

- Communication
- Teamwork
- Problem Solving
- Initiative & Enterprise
- Planning & Organising
- Learning
- Technology
- Self Management and career management skills



Career Management Skills

Collect, analyze, assemble and organize the self (self-awareness) and education and career information,
Have the skills to make and implement decisions and managing transitions / vicissitudes of life.

INSIGHT

Who am I?

OUTLOOK

What's in the outside world.
/ career options

LOOK AHEAD

How do I proceed?
What do I need for the trip?



Career development while still a student

You should be able to know who you are, what you can contribute with and how to present your self to the employer.

In order to be able to do this...

Answer these questions:

- Who am I?
- Which strenghts do I have
- What do I want?
- How do I find a way to connect to professionals and employers?



How to understand 'career'?

- Objective and subjective career (Arthur)
- The boundaryless career (Arthur)
- Protean careers (Hall)
- Planned happenstance (Krumboltz)

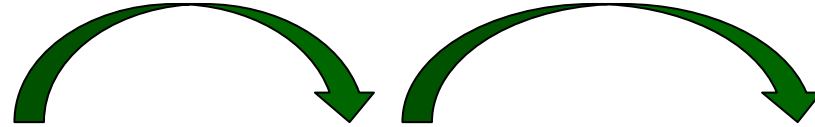
Career development KTH student context

"What should I choose?"

"How do I find the right job for me?"

"How do I market myself?"

"Am I good enough?"

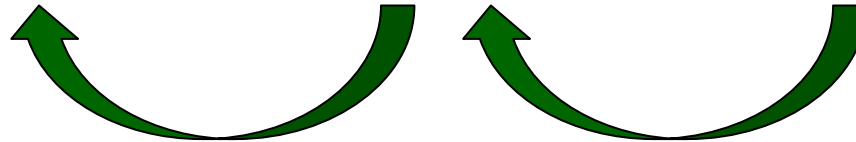


Research companies, industries, professional areas, professional role

Networking

CV, cover letter, interview

- Who am I?
- Which strengths do I have?
- What do I want?
- How do connect to professionals and employers?





Similar definitions

“The lifelong process of managing learning, work, leisure, and transitions in order to move toward a personally determined and evolving preferred future.”

Source: Canadian Standards and Guidelines for Career Development Practitioners.



Practicalities

KTH Social group: **Career development for master students**

Practice through exercises



Exercises and reflection

Exercise 1: Work values

Exercise 2: Personal traits and qualities

Exercise 3: Ask a friend...

Exercise 4: Interests

Reflection exercise



Next seminar:

The job hunting in 2015

Thursday 26 of February,

location: "Gröten" at the student union office, Nymble