

# Secondary structure stability, beta-sheet formation & stability

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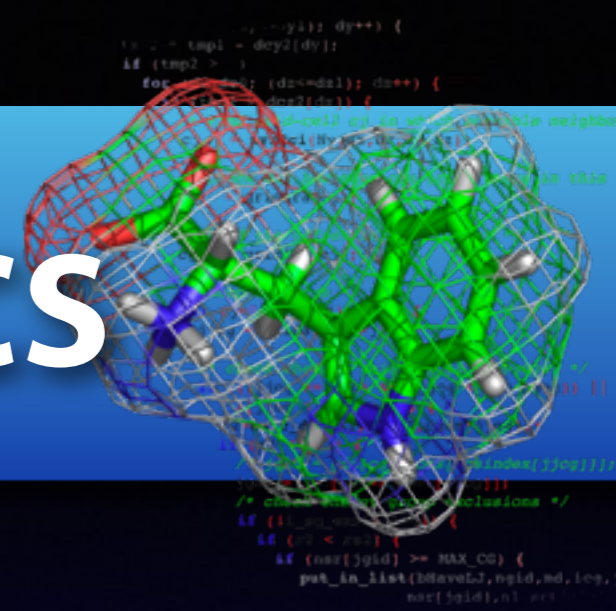
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**Theoretical & Computational Biophysics**

SciLifeLab



# Recap of statistics



- Energy - Entropy
- Entropy - microstates - volume & order
- Probability of being in a state  $i$ :

$$w_i(T) = \frac{\exp(-\epsilon_i/k_B T)}{Z(T)}$$

- Partition function:

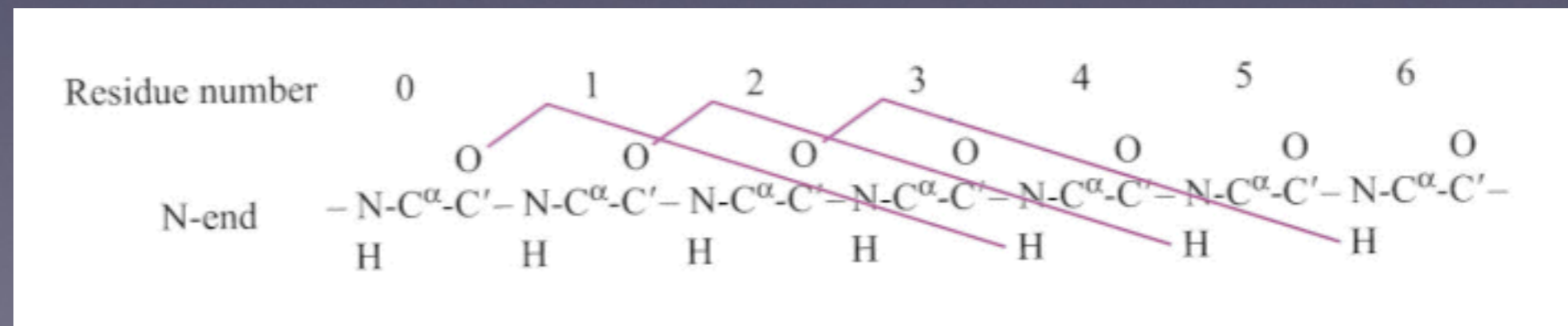
$$Z(T) = \sum_i \exp(-\epsilon_i/k_B T)$$



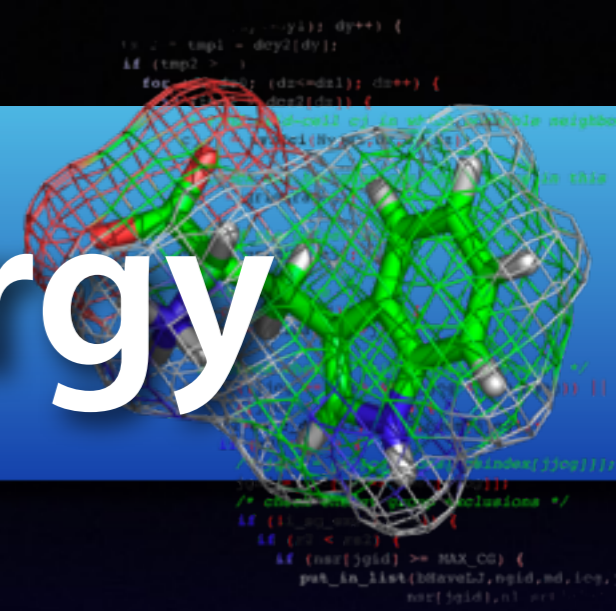
# Alpha helix formation



- Hydrogen bonds:  $i$  to  $i+4$ 
  - 0-4, 1-5, 2-6
- First hydrogen bond “locks” residues 1,2,3 in place
- Second stabilizes 2,3,4 (etc.)
- $N$  residues stabilized by  $N-2$  hydrogen bonds!



# Alpha helix free energy



- Free energy of helix vs. "coil" states:

$$\begin{aligned}
 \Delta F_{\alpha} = F_{\alpha} - F_{\text{coil}} &= \overset{\text{number of residues}}{(n - 2)} \overset{\text{H-bond free energy}}{f_{\text{H-bond}}} - \overset{\text{Entropy loss of fixating one residue in helix}}{n T S_{\alpha}} \\
 &= \underset{\text{Helix initiation cost}}{-2 f_{\text{H-bond}}} + n \underset{\text{Helix elongation cost}}{(f_{\text{H-bond}} - T S_{\alpha})}
 \end{aligned}$$

Helix initiation cost

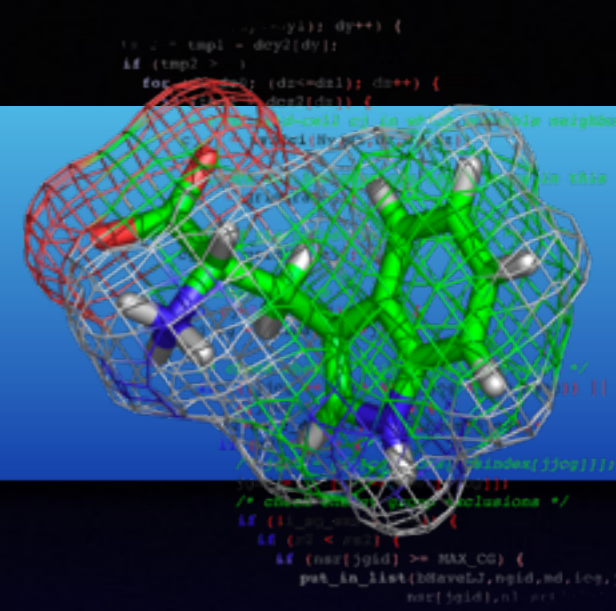
Helix elongation cost

$$\Delta F_{\alpha} = f_{\text{INIT}} + n f_{\text{EL}}$$

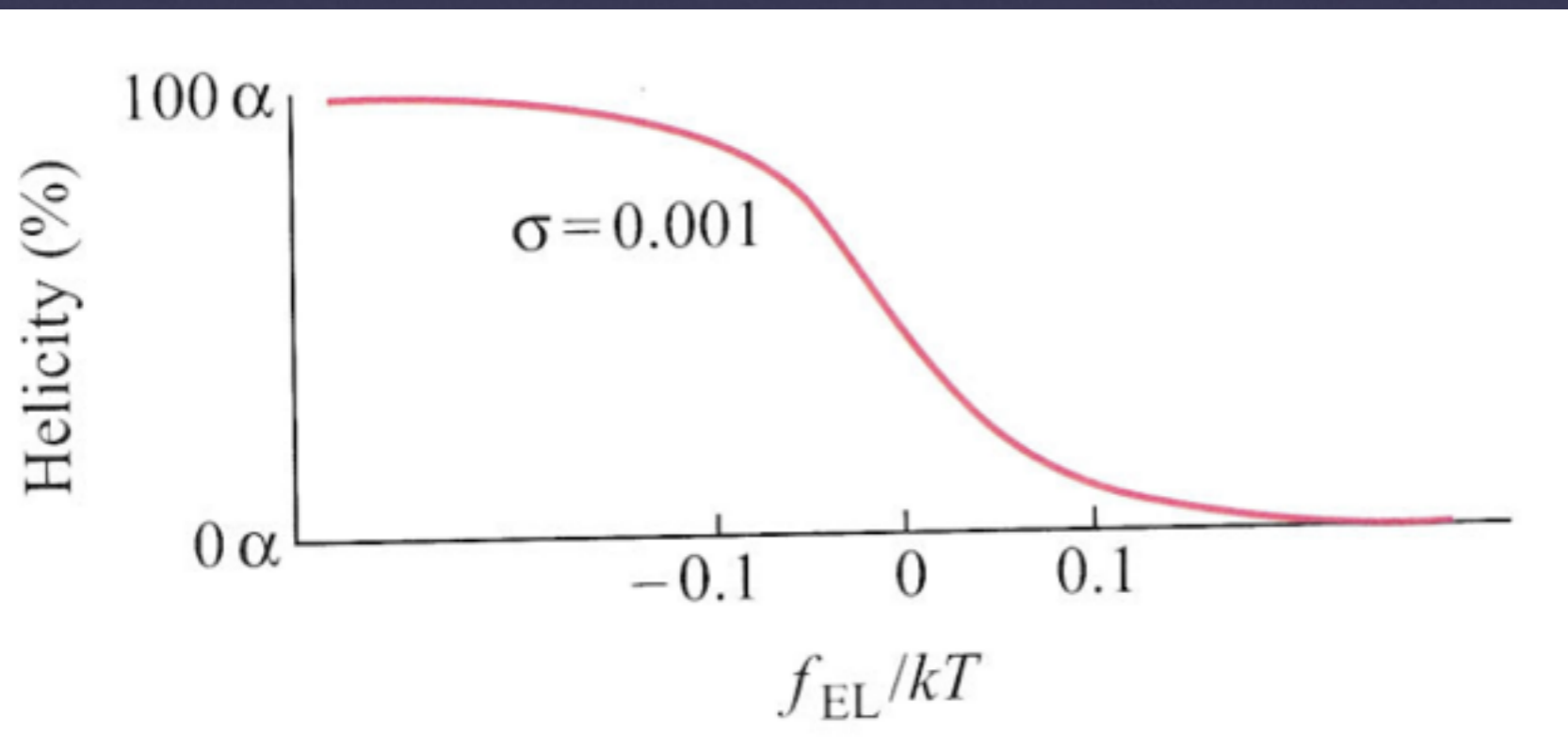




# Helix stability



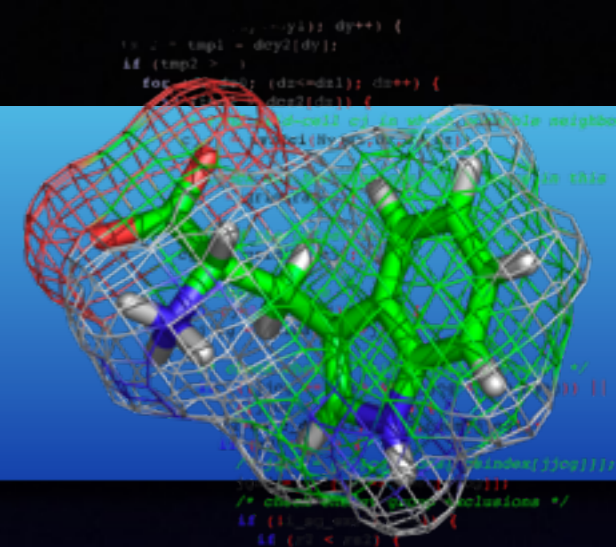
- Temperature dependence
- Elongation term dominant for large N
- Why? Since it is raised to the power of N!



**Highly cooperative,  
but NOT a formal  
phase transition!  
(width does  
not go to zero)**



# Formation...



- Rate of formation at position 1:  $\tau$ : l-residue

elongation

$$t_{INIT0} = \tau \exp(f_{INIT}/kT) = \tau/\sigma$$

- Rate of formation anywhere ( $n_0 \approx 1/\sqrt{\sigma}$ ):

$$t_{INIT} = \tau/\sqrt{\sigma}$$

- Propagation to all residues:  $tn_0 = \tau/\sqrt{\sigma}$

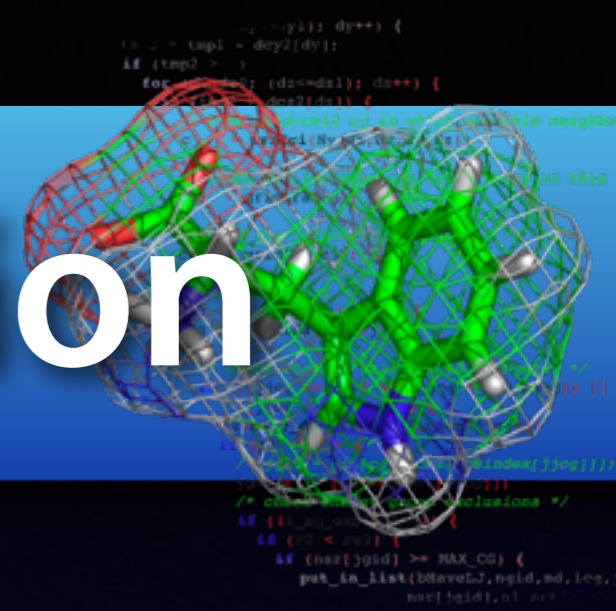
- Total time is  $\sim 2t_{INIT}$ , halftime thus  $\sim t_{INIT}$ .

- Half time spent on initiation, half elongation!



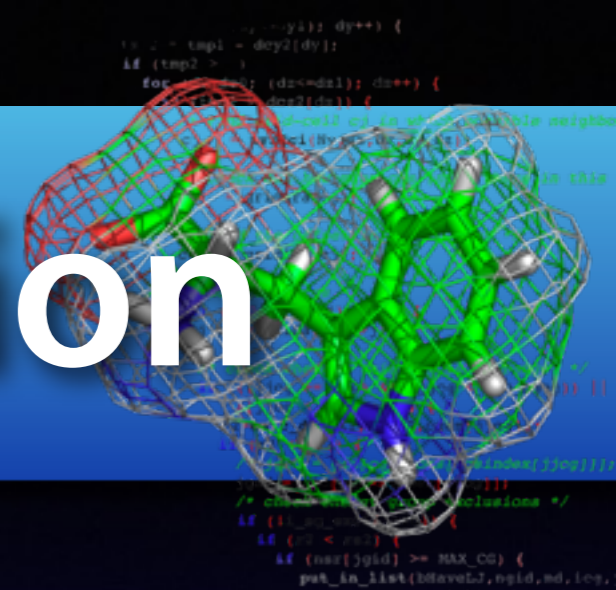


# Beta sheet formation



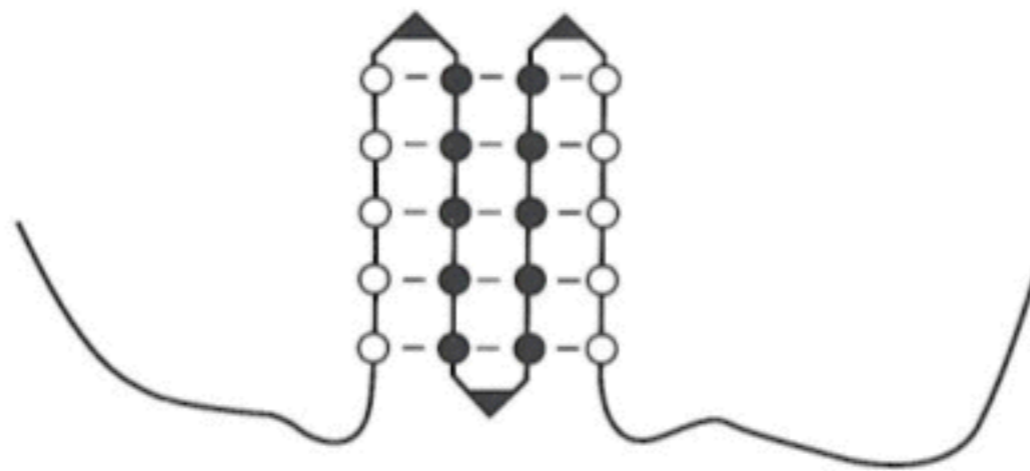
- Experimentally: Can take hours to weeks!
- But sometimes just a millisecond. Why?
- Is it initiation- or elongation-limited?
- Beta sheet formation appears to be a typical first-order phase transition!

# Beta sheet formation

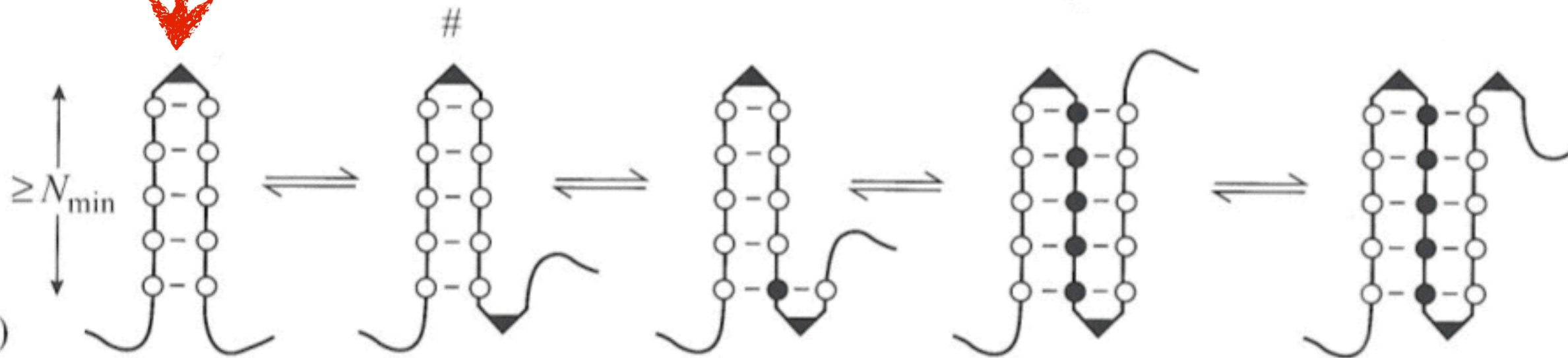


*Hairpin*

(a)

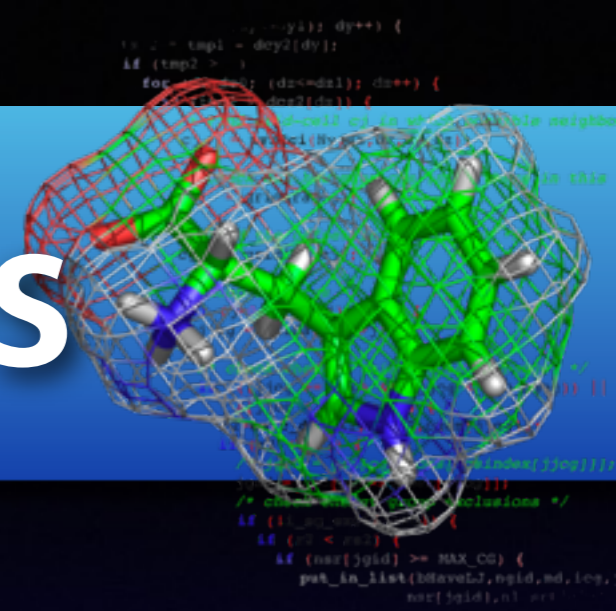


(b)



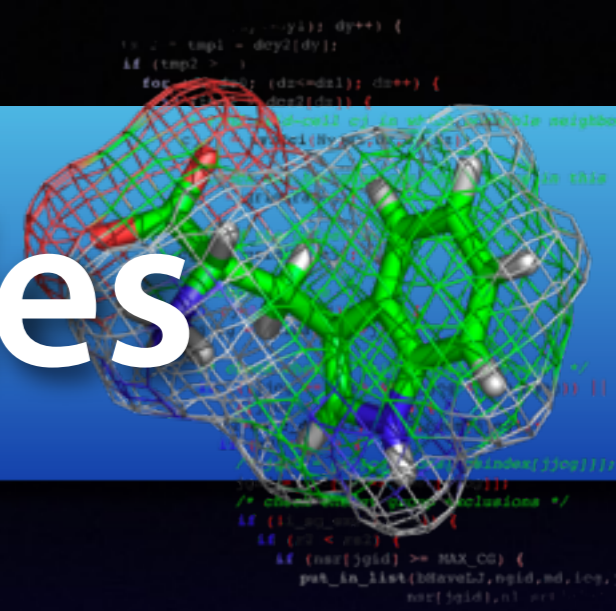


# Sheets vs. Helices



- Beta sheets are two-dimensional
- Interface area grows with # residues
  - Phases cannot coexist and there will be a first-order phase transition
- Structure interface:
  - Sheet edges & bends/loops

# Beta sheet energies

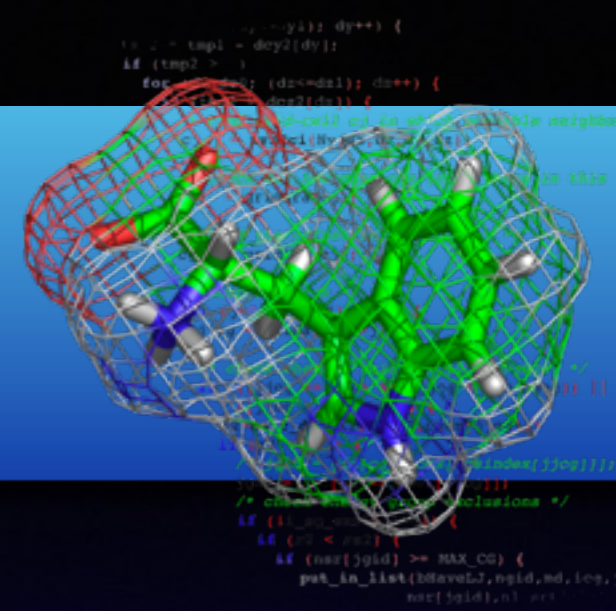


- $f_{\beta}$ : Free energy of residue inside a single beta hairpin, relative to the random coil
- $\Delta f_{\beta}$ : Extra edge free energy
  - Total free energy at edge is  $f_{\beta} + \Delta f_{\beta}$
- $U$ : Free energy of bend/coil per residue
- Since sheets can form we must have  $\Delta f_{\beta} > 0$  &  $U > 0$ !

*Why?*



# Two Scenarios:

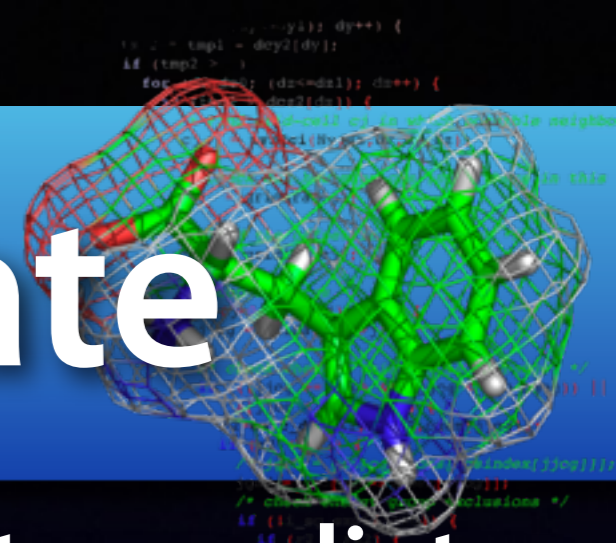


- $f_{\beta+} \Delta f_{\beta} < 0$ : A single long beta hairpin will be more stable than coil. Only a single turn required for formation
- $f_{\beta+} \Delta f_{\beta} > 0$ : Hairpins are only formed because of association with other residues into a beta sheet. Activation barrier is the formation of a sheet “nucleus”



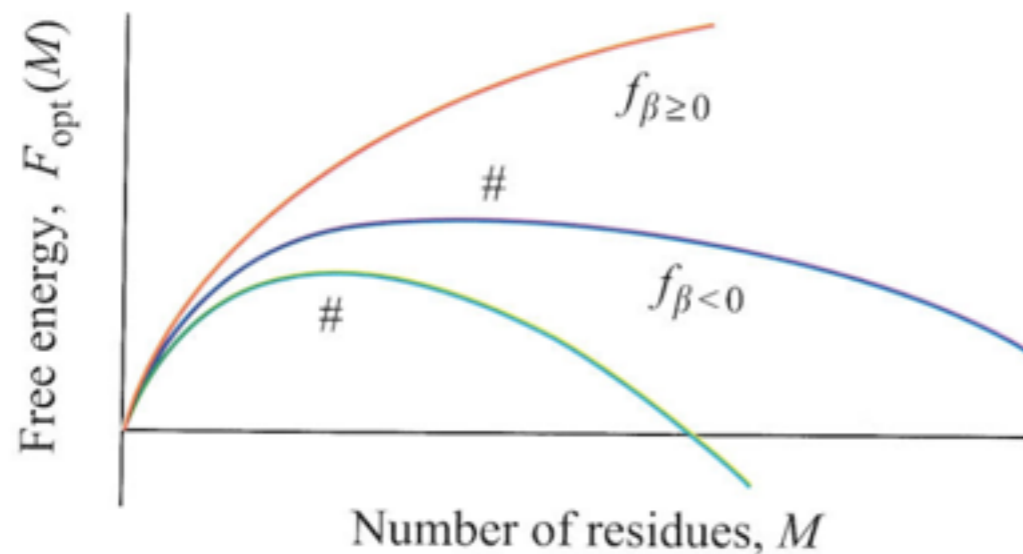
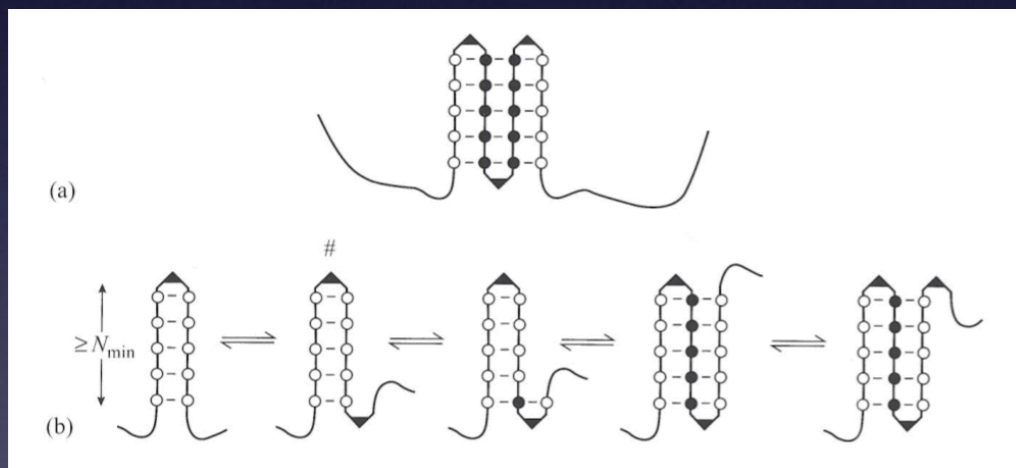


# Beta transition state



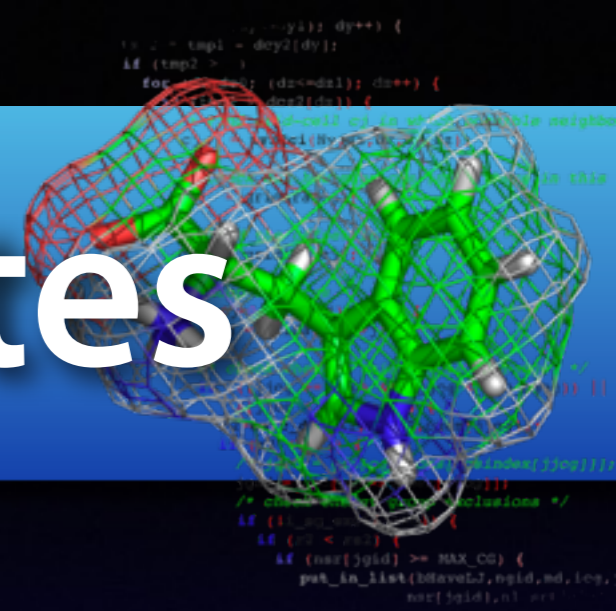
- Find the highest-free-energy intermediate:  
Single hairpin with a following turn

$$F^\# = U + 2N_{\min}(f_\beta + \Delta f_\beta) + U = 2(U \Delta f_\beta) / (-f_\beta)$$



The book goes into some detail to prove that this is the lowest possible transition state energy! Why is that important?

# Beta formation rates



- **Initiation at a given point:**

$$t_{\text{INIT0}} \approx \tau_{\beta} \exp \left( +F^{\#} / kT \right)$$

- **Initiation *somewhere*:**  $t_{\text{INIT0}}/N$

- **Initiation is entirely time-limiting**

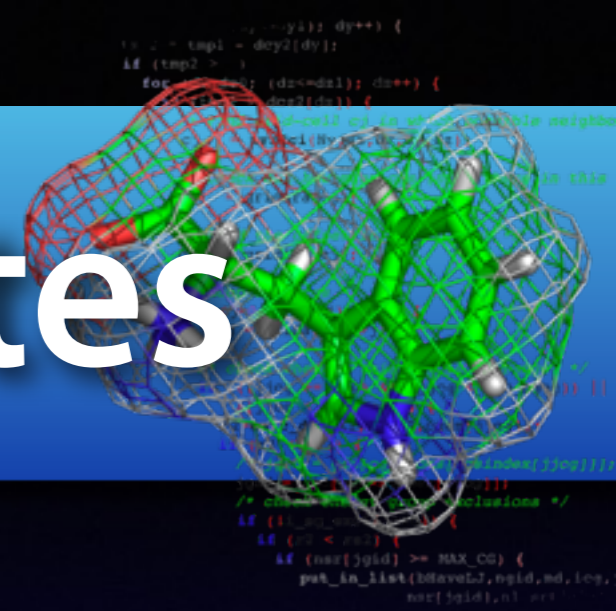
- **Total formation time:**  $t \approx \tau_{\beta} \exp \left( F^{\#} / kT \right) / N$

- **And remember that we had:**

$$F^{\#} = U + 2N_{\text{min}}(f_{\beta} + \Delta f_{\beta}) + U = 2(U \Delta f_{\beta}) / (-f_{\beta})$$



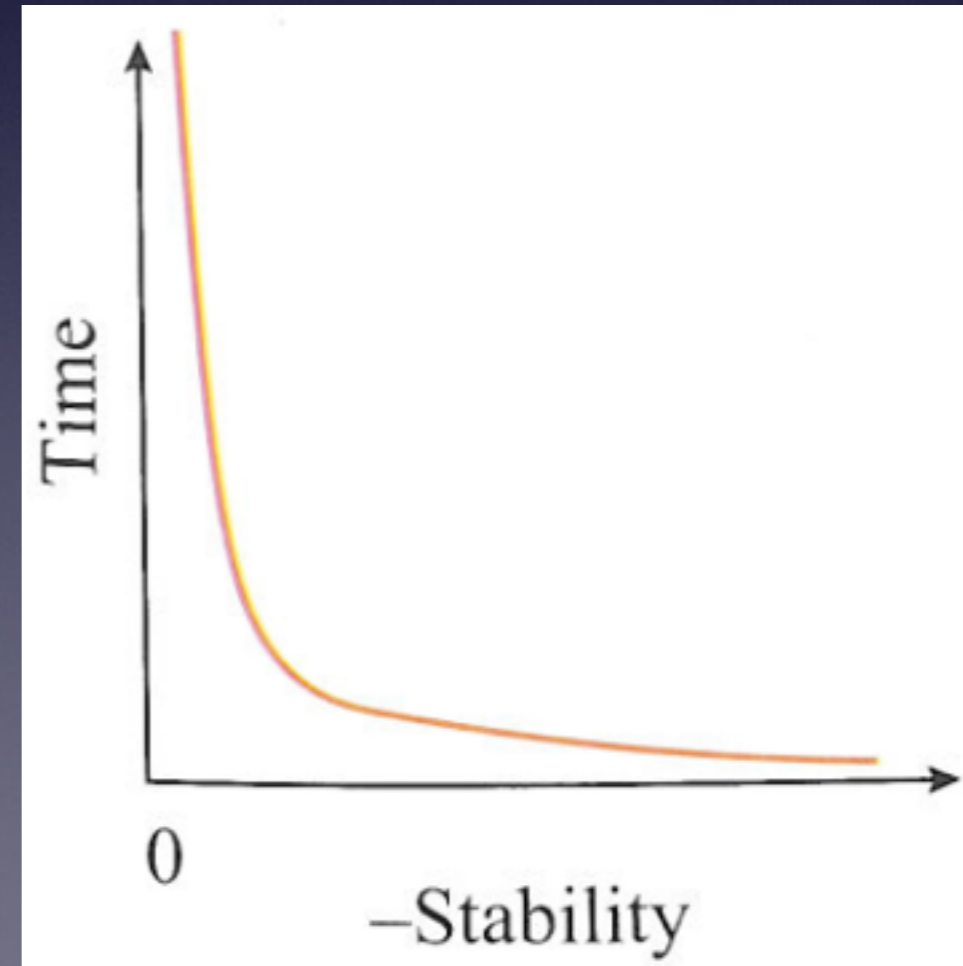
# Beta formation rates



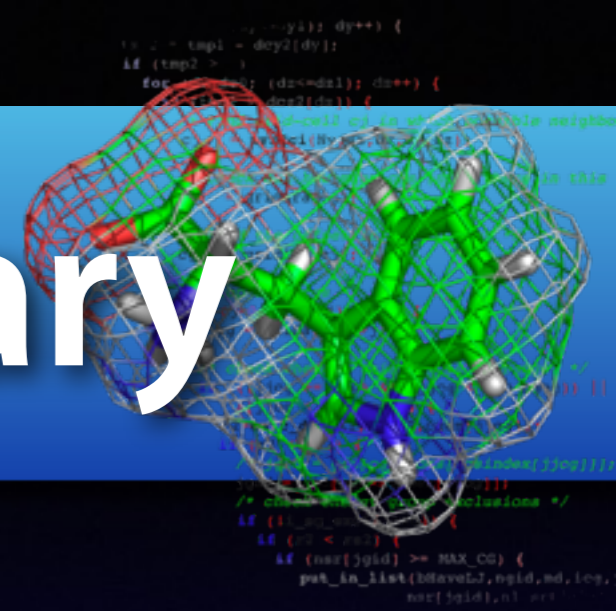
- Rate depends on  $\beta$ -structure stability:

$$t_{\beta} \approx \exp [A/(-f_{\beta})]$$

- Exponential dependence on residue beta stability explains wide range of formation times observed in experiments!



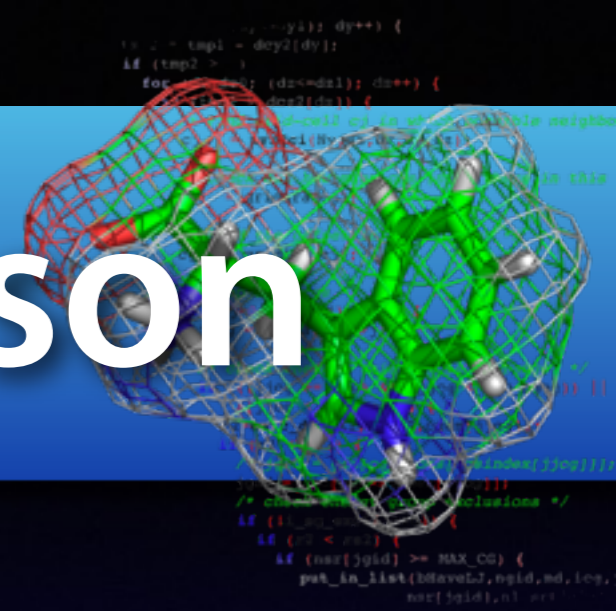
# Beta sheet summary



- **Unstable sheets are extremely slow to form (hours to weeks)**
- **Stable sheets can form in milliseconds**
- **Significant free energy barrier**
- **Beta sheet folding is a first-order phase transition**



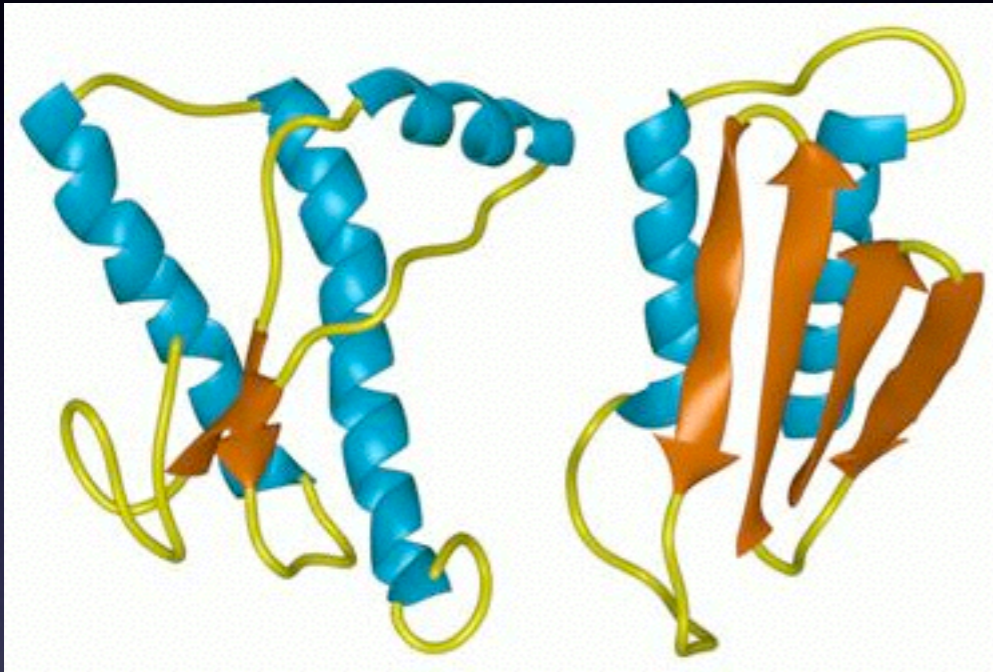
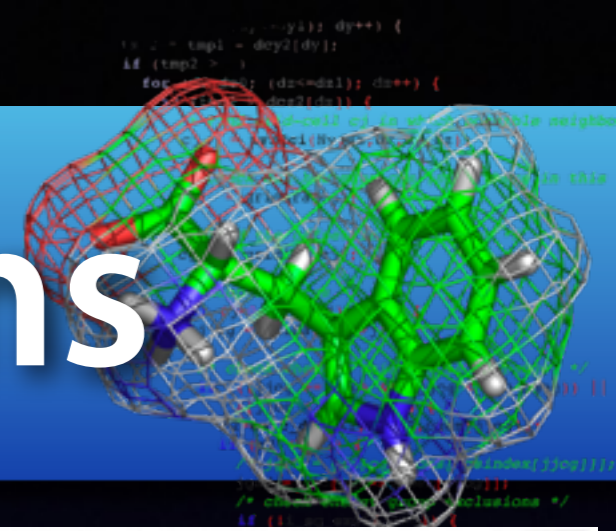
# Helix-sheet comparison



- The alpha helix “avoids” the phase transition - the boundary area does not increase with helix size
- Leads to much lower barriers, which can be overcome in microseconds
- The high free energy barrier of sheets is likely one of the explanations to prion/amyloid protein misfolding diseases

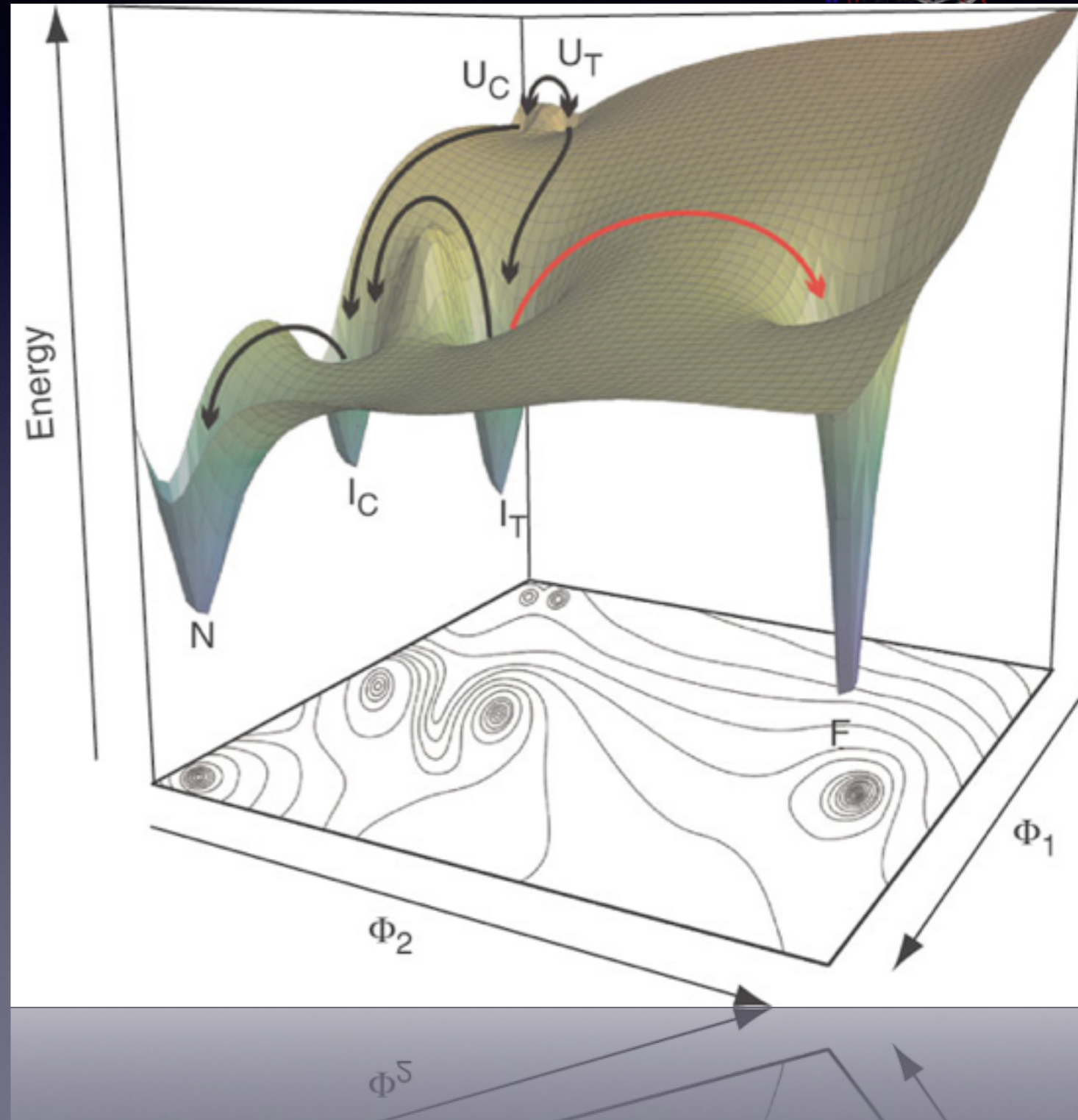


# Misfolding - Prions

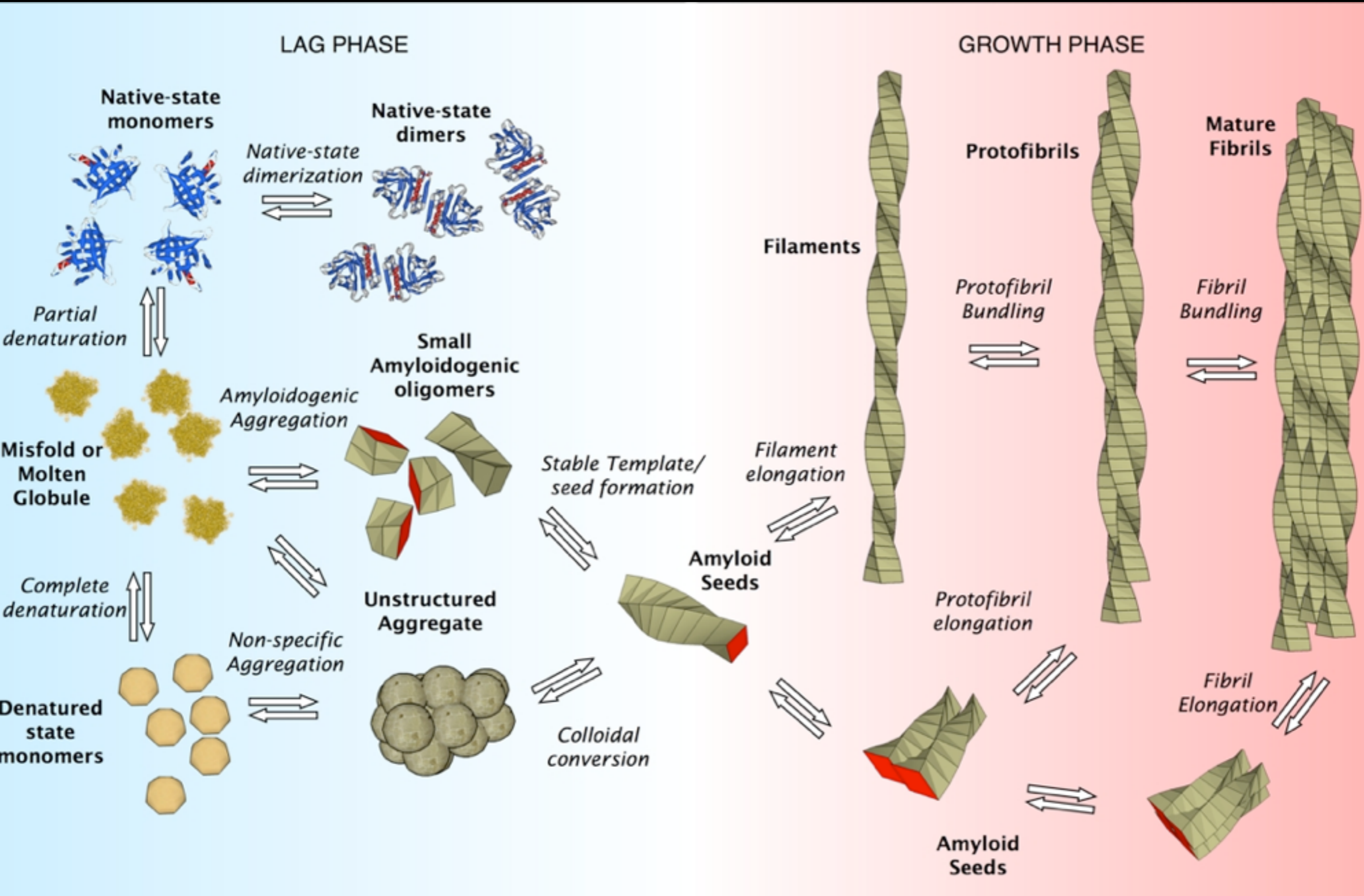


*Misfolded form (right)  
is protease resistant*

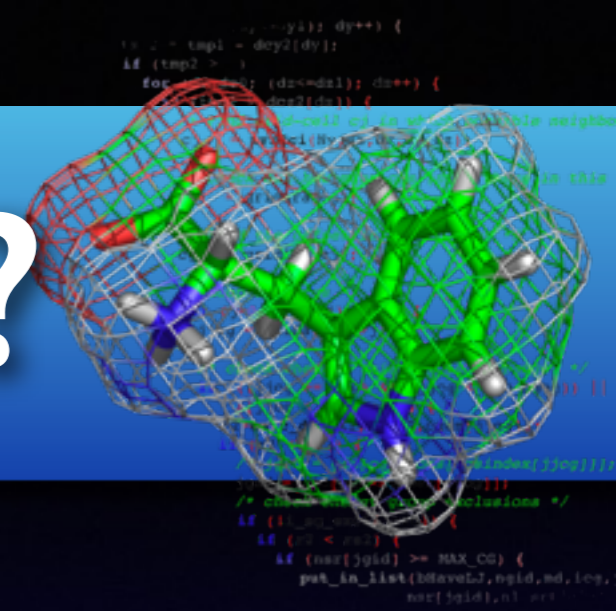
The *in vivo* state is only the second best here - but the free energy barrier to the lowest is very high!







# What is the Coil?

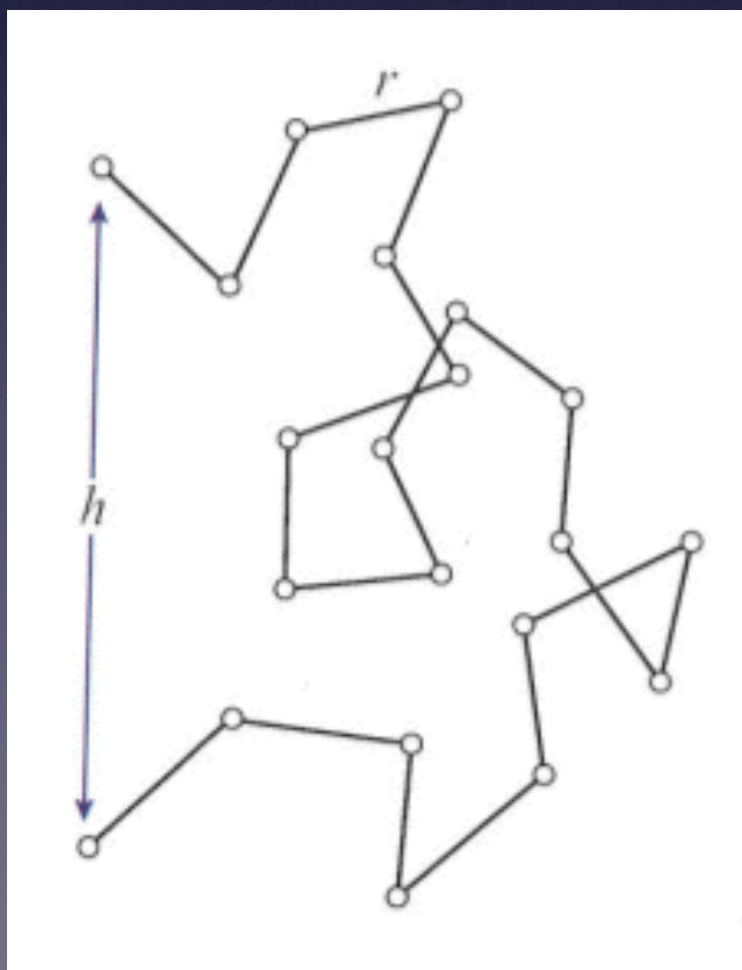


- Less well-defined state than native
- It is NOT a stretched out linear chain!

What is the average chain end-to-end distance?

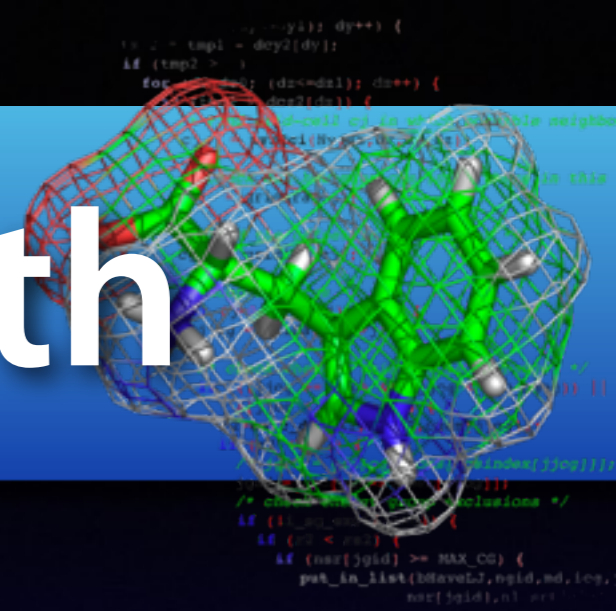
$$\mathbf{h} = \sum_i^N \mathbf{r}_i$$

$$\begin{aligned} h^2 &= \left( \sum_{i=1}^N \mathbf{r}_i \right)^2 \\ &= \sum_{i=1}^N \mathbf{r}_i^2 + \sum_{i=1}^N \sum_{j \neq i}^N \mathbf{r}_i \mathbf{r}_j \end{aligned}$$





# Average coil length

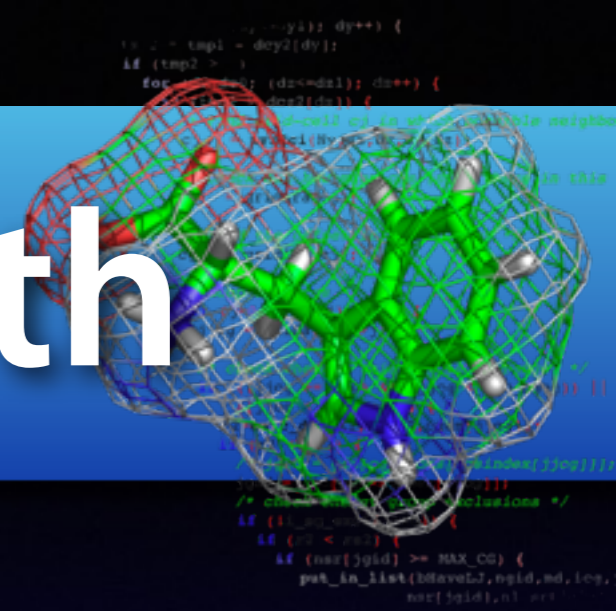


$$\begin{aligned}\langle \mathbf{h}^2 \rangle &= \left\langle \left( \sum_{i=1}^N \mathbf{r}_i \right)^2 \right\rangle \\ &= \left\langle \sum_{i=1}^N \mathbf{r}_i^2 + \sum_{i=1}^N \sum_{j \neq i}^N \mathbf{r}_i \mathbf{r}_j \right\rangle \\ &= \sum_{i=1}^N \langle \mathbf{r}_i^2 \rangle + \sum_{i=1}^N \sum_{j \neq i}^N \langle \mathbf{r}_i \mathbf{r}_j \rangle = Nr^2\end{aligned}$$

Average length increases as  $\sqrt{N}$

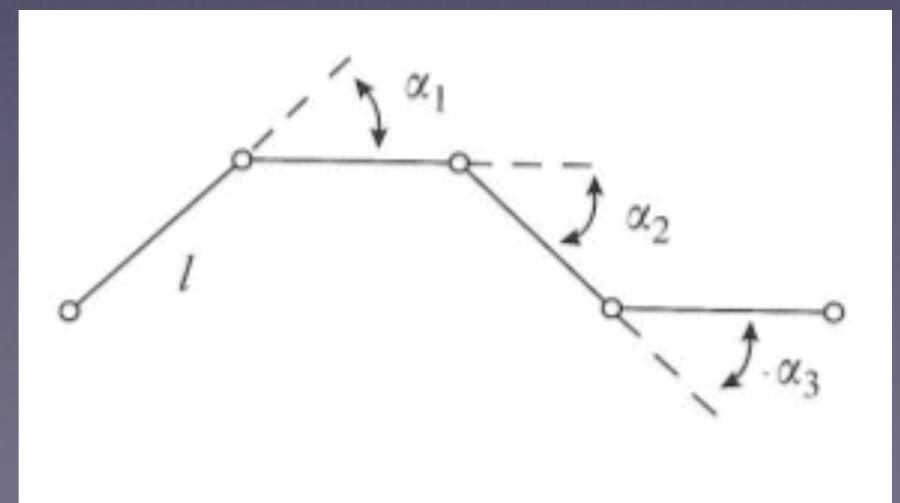
Average volume increases as  $N^{3/2}$

# Average coil length



- Some problems:
  - Segments cannot have any orientation
  - Angle potentials
- Generalized expression:  $\langle h^2 \rangle = Nr^2 = Lr$ 
  - Chain contour length (points to  $L$ )
  - Segment size (points to  $r$ )
- Rotational model:

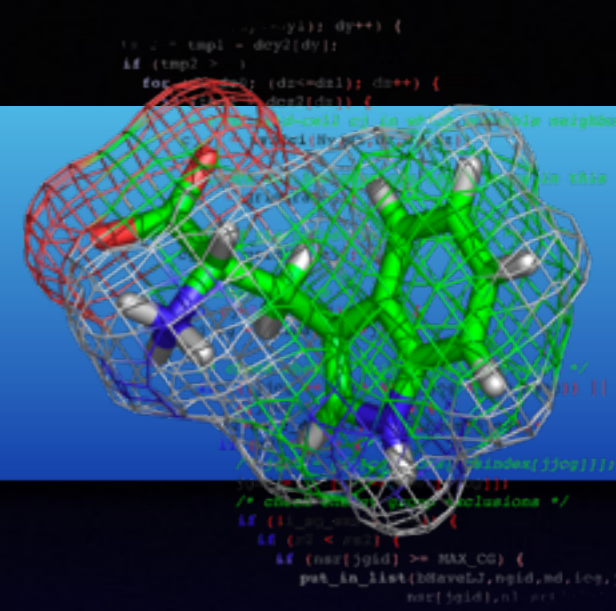
$$r = l (1 + \langle \cos \alpha \rangle) / (1 - \langle \cos \alpha \rangle)$$







# Summary



- Alpha helix & beta sheets form in very different ways, that give them different properties!
- All determined by free energy barriers!
- There are natural sizes of helices/sheets
- Folding rates can be predicted with very simple qualitative arguments
- You should understand both how & *why* they are different (i.e. be able to explain)!