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Absorption of ionizing radiation

- Interactions with the $\underline{\text{electrons}}$ of the absorber
- (Neutrons): Interactions with <u>nuclei</u> resulting in radioactive decay and

High energy γ , resulting in pair production



Linear Energy Transfer (LET)

The energy lost per length unit

LET = -dE/dx

LET depends on the electron density of the absorber (usually proportional to the physical density)

Radiation (3 MeV)	LET (keV/μm)	cm in air
Electron (e-)	0.20	1400
Proton (¹ ₁ H ⁺)	21	14
Deuteron (${}^2_1H^+$)	34	8.8
$\alpha\left({}^{4}_{2}He^{2+}\right)$	180	1.7

2



Protons and heavy ions

The LET of protons and heavy ions follow the Bethe equation:

$$-\frac{dE}{dx} = \frac{4\pi z^2 e^4}{m_e v^2} NZ \cdot In \left[\frac{2mv^2}{I} \right] \ \Rightarrow \ -\frac{dE}{dx} \approx \frac{z^2 e^4}{v^2}$$

Z = absorber's atomic number

z = particle's atomic number

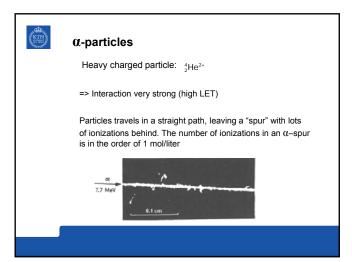
N = number of absorbing atoms per unit volume

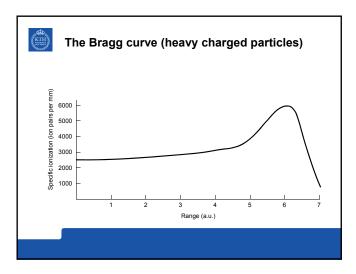
v = Velocity

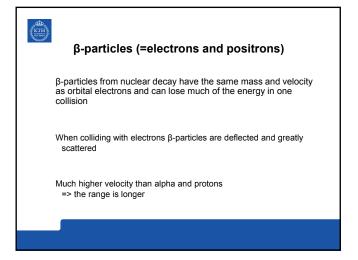
I = Ionization potential

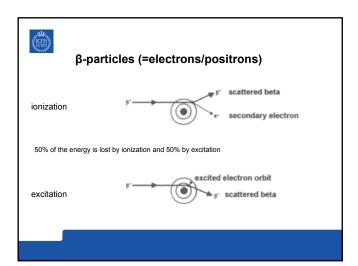
m_e = electron mass

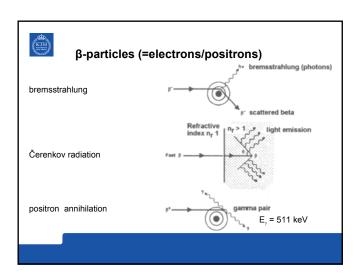
e = particle charge

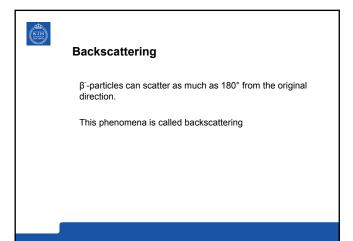


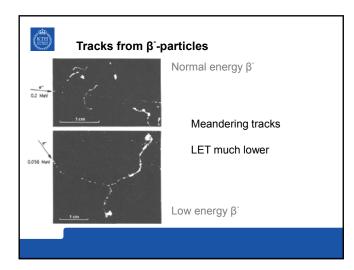


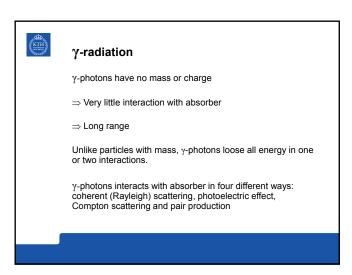


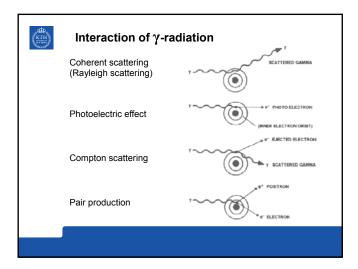


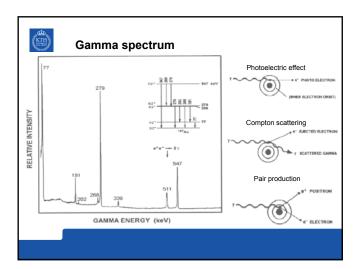


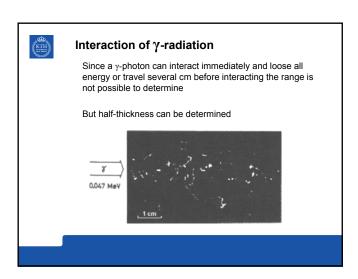


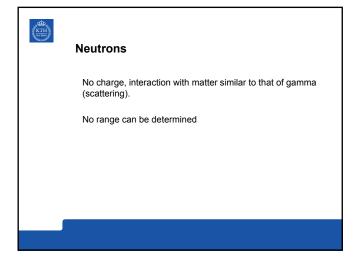








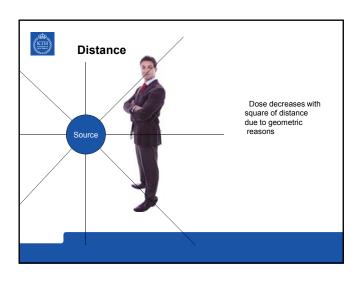




Radiation shielding

Radiation	Relative penetration depth	Shielding	Range in water
α	1	Paper, skin	30-40 μm
β	100	3 mm Al	3-6 mm
γ	10 000	Concrete, Lead	-

Remember: The ability of a material to interact (=absorb energy) of a material is proportional to its (electron) density.





Absorbed dose

Unit: Gray. 1 Gy = 1 J/kg

Older unit: 1 Gy = 100 rad

$$D = \frac{dE_{abs}}{dm}$$

$$E_{abs} = E_{in} - E_{out}$$

• Dose rate: Gray/s. (absorbed dose/s)



Equivalent dose

Weights in the damage $\underline{\text{different radiation}}$ will do to tissue and organs (i.e. biologically significant)

Units: 1 J/kg = 1 Sv (Sievert)

Old unit: 1 Sv = 100 rem



Equivalent dose

The equivalent dose (H_T) to an organ or tissue is the sum of mean absorbed dose $D_{T,R}$ in T, multiplied by a weighing factor w_R for each type of radiation R.

$$H_{T} = \sum_{R} w_{R} D_{T,R}$$

Radiation type & energy	W _R
Photons, all energies	1
Electrons and muons, all energies	1
Neutrons of Energy E (MeV)	5+17e 6
Protons, energy > 2MeV	5
α, heavy nuclei	20

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Effective Dose (Effective Equivalent Dose)

Weights in the damage different radiation will do to <u>specific tissues and organs</u> (radiation does different damage to different organs)

Units: 1 J/kg = 1 Sv (Sievert)

Old unit: 1 Sv = 100 rem



Effective Dose

The equivalent dose is multiplied by a factor depending for each tissue/organ that is exposed to radiation

$$E = \sum_{T} w_{T} \sum_{R} D_{T,R}$$

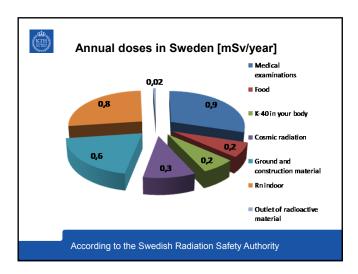
Organ or tissue	W _T	Organ or tissue	w _T
Gonads	0.20	Liver	0.05
Bone marrow (red)	0.12	Esophagus (matstrupe)	0.05
Colon	0.12	Thyroid (Sköldkörtel)	0.05
Lung	0.12	Skin	0.01
Stomach	0.12	Bone surface	0.01
Bladder	0.05	Remainder	0.05
Breast	0.05		

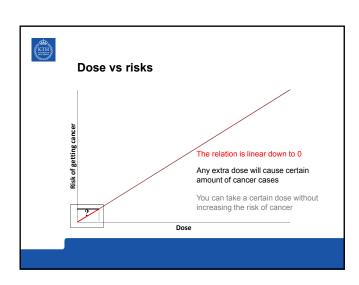


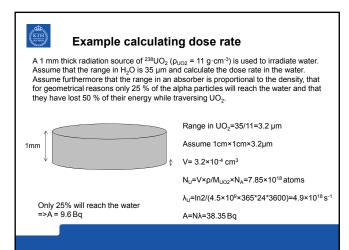
Recommended dose limits

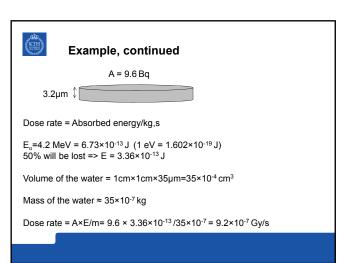
Dose limits for persons working with ionizing radiation		
Limits of effective dose (mSv)		
50		
150		
500		
500		
100		
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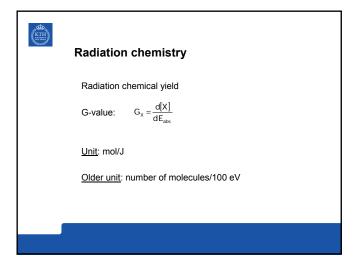
Dose from different activities	3
Activity	Dose [mSv]
Dental X-ray	0.005
Chest X-ray	0.02
Transatlantic flight	0.07
Nuclear power station worker average annual	0.18
CAT scan of head	1.4
Annual dose Sweden	3.0
CAT scan chest	6.6
Whole body CAT scan	10
Level at which changes in blood cells can readily be observed	100
Acute radiation effects	1000
Dose which within a month would kill 50% of those receiving the dose	5000

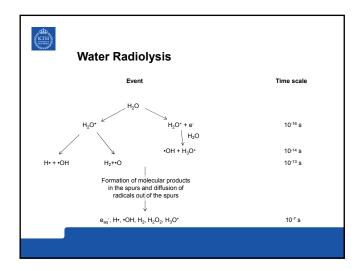


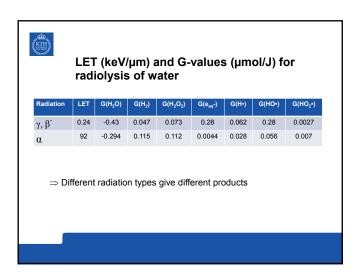


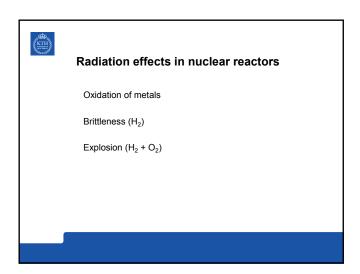












Workshop	
Calculate tasks 3, 5, 8, 11, 13, 16	
And be prepared to calculate on the whiteboard in front of the class.	